



**EASTERN REGION**

## **USSA Eastern Region Qualifying Rules and Procedures 2013-14**

USSA alpine competition programs in the Eastern Region are conducted within the framework of USSA programs, rules and procedures, as modified by the regional alpine competition committee and its technical subcommittees. In the USSA Eastern Region, State Associations offer programs in conjunction with USSA to provide training situations and race series for all levels. All entry requests, development requests, ranking, selections lists and other appropriate resources are available on our web site: [www.ussa.org/east](http://www.ussa.org/east)

### **USSA Eastern Region Alpine Pipeline**

The USSA alpine competition program in the Eastern region is organized under three general categories: junior development, seeded competition, and master's competition. Appropriate USSA membership fees are required for all Eastern programs. All competitors must carry their membership card(s) to every race.

### **Competition Programs (Age: As of December 31)**

#### **USSA Youth Program (Age: 15 and younger)**

The youth program is the entry-level avenue for skiers new to the sport of alpine ski racing. This umbrella program's flexible format enhances existing entry-level programs. The structure of racing varies from state to state and from program to program. Many involve dual-racing format, team racing concepts or other fun events. For detailed information about the programs available in your area, contact your state racing organization listed on our website.

#### **U14 Competition (Age: 12 and 13)**

U14 begins with state racing circuits scheduled by each state association. Starting in January, each state association organizes a competition ladder to determine which athletes qualify to the U14 Eastern Championship event in March. Information about access will be available through your state racing association. In April, the top performing U14 athletes will be invited to the National Project (Park City, UT) and the Can-Am Races (a series of races contested between the Eastern Region, Ontario and Quebec). The regional staff will facilitate on and off snow camps for top performing U14 athletes throughout the year. Eastern U14 athletes are not allowed to race in or earn points in scored races, unless the athlete races in the U14 National Project at Park City and that race is scored. Competitors must hold a valid USSA Youth License for all programs.

#### **U16 Competition (Age: 14 and 15)**

U16 competition is the transitional step between children's racing and seeded competition. Athletes who wish to earn points in USSA's point system, advance to state championships or other eastern region events must hold a valid USSA Competitor License. Athletes who do not wish to earn points, advance to state championships or other championship events may hold a valid USSA Youth License. Athletes must be members of one and only one state racing association. U16's holding a valid USSA Competitor License are eligible to compete in USSA scored competitions.

U16's compete at the state level in qualifying series for selection to regional events, culminating in the Eastern U16 Championship (USSA Scored) and Eastern U16 Finals (Non-scored). Top performers at these events will qualify for U16 National Championships (Park City, UT) and the Am-Can Races (a series of races contested between the Eastern Region, Ontario and Quebec). Qualification procedures for these events are available on our website or from state organizations. The regional staff will facilitate on and off snow camps for top performing U16 athletes throughout the year.

#### **U18 and U21 (Age: 16 through 20)**

Athletes born in 1997 and earlier are eligible to participate in USSA and FIS scored races. The age groupings in scored competition allow for athletic development in various series of races that form a pipeline from local to state to regional to national to international events. Advancement through these levels is based on ability.

Athletes racing in USSA scored competitions must hold a valid USSA Competitor License and be a member of one and only one state racing association. Racing in FIS scored competition requires a valid USSA Competitor License and a valid International Ski Federation (FIS) License, purchasable through USSA. Contact the Eastern Region Office for more information.

#### **U18 Competitors (Age: 16 and 17)**

Through qualifying race series and USSA point systems, athletes advance to regional championship races: Eastern USSA Finals, Eastern Junior FIS Finals, and U18 National Championships. Top-performing U18 athletes could qualify to FIS Development Series, Eastern Cup FIS series, Nor-Am Cup Series, and the U18 National Championships. All athletes are eligible to compete out of region and internationally but must follow the entry procedures found on our website. The regional staff will facilitate on and off snow camps for top performing athletes throughout the year and some will be invited to Tri-Region Projects, bringing together the top performing athletes from each of the three regions (East, Rocky/Central, West). Based on US Ski Team Criteria, eligible athletes are invited to join the National Training Group (NTG) based in Park City, UT or the US Ski Team.

\*First Year FIS (1997) start limit is 25 GS and SL including Championships. SG and DH do not count against this total.



**U.S. Ski and Snowboard Association**  
The National Governing Body for Olympic Skiing and Snowboarding

110 Mountain Road, Westford, VT 05494  
tel 802.343.1395 • fax 465.645.0110

### **U21 Competitors (Age: 18, 19 and 20)**

Through qualifying race series and USSA point systems, athletes advance to regional championship races: Eastern USSA Finals, Eastern Junior FIS Finals, and US National Championships. Top-performing U21 athletes could qualify to Eastern Cup FIS Series, Nor-Am Cup Series, and the US National Championships. All athletes are eligible to compete out of region and internationally but must follow the entry procedures found on our website. The regional staff will facilitate on and off snow camps for top performing athletes throughout the year and some will be invited to Tri-Region Projects, bringing together the top performing athletes from each of the three regions (East, Rocky/Central, West). Based on US Ski Team criteria, eligible athletes are invited to join the National Training Group (NTG) based in Park City, UT or the US Ski Team.

### **Seniors (Age: 21 and over)**

Seniors provide the point base for state and regional series, competitiveness within the Eastern college racing circuit, and top-level competitive involvement with the U.S. Ski Team. Many of the top-seeded athletes in this age group are involved in college racing. USSA and FIS races (Eastern Cup, College Carnivals, and the Nor-Am Series) provide this group of competitive athletes with national and international comparisons.

### **Exceptional Athlete Program (Ski-up Rule)**

It is important that programs and racer advancement structures be set up with three types of athletes in mind: the average ski racer, the top-end racer rising through the system, and the exceptional athlete. There is room for the exceptional athlete to ski-up in order to be challenged. An exceptional athlete may come through the system every few years. This athlete may need an advanced program that differs from the other athletes their age. The procedure for Skiing Up is a request made by a competitor, his/her parents and the competitor's coach to the Eastern Children's Racing Committee, the USSA Eastern Alpine Director and the USSA Regional Development Director.

### **Masters Competition**

At age 18, athletes may begin racing in USSA Masters races. Athletes holding a valid USSA Masters License may compete in Masters competitions but will not score USSA points. Athletes holding a valid USSA Masters License and a USSA Competitor License have the option of participating at both the master and senior levels of competition and are eligible to score USSA points in any USSA scored competitions. For more information on the USSA Masters Program, please visit their website: <http://ussa.org/alpine-programs/masters> or refer to the *USSA Alpine Masters Handbook*, sent to all Master's License holders. (Athletes must be 21 years old to be able to compete in the Master's Regional, or National Championships)

### **High School Racing**

High school ski racing programs are governed by the individual state High School Athletic Associations, with possible additional options developed by regional and local athletic directors and/or school committees.

The role of USSA and its regional offices for high school racing is to provide assistance, instruction, and an avenue for these racers to move into the "pipeline" of organized ski racing. It is not the intent of USSA to establish or direct policies toward any high school racing programs.

To increase USSA visibility in many of the high school ski racing programs and introduce racers to different USSA levels of competition, the High School Racing chairs have created a USSA Eastern Regional High School Championship. This Championship allows high school teams representing all states within the Eastern region, plus out of region guest teams, to compete against other state teams. This particular competition is open to all members of a state high school team who have qualified through state selection procedures. Team quota (state) is limited to ten boys and ten girls.

### **College Racing**

Regional and state programs are designed to enable college racers to participate on their level of interest and ability. College programs are designed and implemented by the colleges themselves. These programs are developed according to the rules and regulations established by the leagues and conferences in which the college is involved. USSA can provide assistance and instruction to colleges in several ways via regional offices. Written materials, coaching clinics conducted by USSA Coaches Education, and educating and certifying alpine officials are just a few ways USSA helps. In addition, USSA strives to provide college racers with various avenues in order to be active at all levels of competition.

## **Eastern Region Rules and Procedures**

The following modifications and definitions of FIS and USSA rules and procedures have been adopted in the USSA Eastern Region.

### **Membership**

Appropriate membership in USSA is mandatory for all participants in the alpine programs of the Eastern Region. To participate in races used as qualifying events leading to state championships and Eastern Region Championship events, U16 and older competitors are required to hold a USSA Competitor License and U14 and under members are required to hold a USSA Youth License. Competitors must carry their membership card(s) to every race. Valid and sufficient medical/accident insurance is mandatory. Proof of insurance must be carried with the racer and available at each race.

Membership in a state racing association is required. A competitor may only belong to one state association. A racer shall race for the state and region in which he/she resides or in which they are attending school and/or training on a long-term basis. The decision, which must be made at the start of the season, must be based on where the racer spends the greatest

part of his/her ski training. It must be abided by for the entire season, unless there are extraordinary circumstances. Competitors must join their state associations prior to or at the same time as joining USSA.

### **Race Entries**

The standard deadline for fully paid entries for all USSA races to be received by the race organizer is five days prior to the start of the first event, Team Captains Meeting or official training. Entries received after the deadline and/or not accompanied by payment of full entry fee will be considered late entries. Late entries may be charged up to 150% of the entry fee. Many race organizers utilize online race registration. Please contact state and local organizations directly for information on how to enter online.

For any USSA Eastern Region competition in which the field is composed in part or wholly of quotas of various competition organizations, the competition organization must enter its complete quota prior to the established entry deadline. Competitors entered under an Eastern, state, or foreign quota are not required to pay entry fees until race registration and cannot be charged a late entry fee.

For Eastern Regional FIS events, competitors qualifying through a regional, state, or development quota must confirm or deny their participation in the event with the Eastern USSA staff and their state chairperson, prior to the established deadline. The field will be finalized at a published team captain's meeting at which all athletes must be properly represented.

\*All eastern athletes wishing to participate in any FIS races must have their information, including their representing coach on file with the Eastern Office using online forms on the eastern web site. Athletes who do not have their information on file with the eastern office will not be selected for eastern quotas.

\*Any athlete who pays by check which is returned for insufficient funds or any other reason will not be allowed to race until they have made good on any funds, including any fees imposed, owed to race organizers.

### **Out of Region Travel**

The East has a quota of 10 men and 10 women for out of region Regional FIS series. Qualified competitors who wish to be considered for entry into an event on the Eastern quota must submit a request via online forms on the USSA Intent to Compete Website ([www.ussa.org/alpine-programs/regions/intents](http://www.ussa.org/alpine-programs/regions/intents)) no later than 28 days prior to the first team captains meeting of the first event in the schedule. (Deadlines are posted on the Intent to Compete site and late requests will not be accepted.) Individual FIS Series may be designated for development purposes in lieu of standard selection procedure and requirements. Regional staff will make selections to out of region races. It is the competitor and their coach's responsibility to confirm their place on an Eastern quota. Likewise, it is the competitor and their coach's responsibility to notify the Eastern Office immediately if they wish to be withdrawn from the quota.

The U.S. has a quota of 15 men and 15 women for Canadian races. Eastern Cup Point automatics are expected to race in the Eastern Cup Series, thus the Eastern Alpine Director reserves the right to limit access to conflicting Canadian FIS races for Eastern Cup Automatics. The USSA Eastern Director must approve regional, divisional and/or local club entries into Canadian FIS races in advance. Requests must be made via online forms on the USSA Intent to Compete Website ([www.ussa.org/alpine-programs/regions/intents](http://www.ussa.org/alpine-programs/regions/intents)) no later than 28 days prior to the first team captains meeting of the first event scheduled. (Deadlines are posted on the Intent to Compete site and late requests will not be accepted.) Inclusion on the valid FIS list and 120 FIS points or better in any discipline is required for entry to Canadian FIS races, unless participating in a nationally or regionally-approved development activity. The regional office will authorize and submit the official entries, but every racer is responsible for their own arrangements. Do not send payment to the office unless instructed; be prepared to pay organizers directly in cash (CAD) or another form of guaranteed funds.

A team named by USSA East may be designated for out of region races, which are organized and staffed by the Eastern Region office. Staff may arrange for all ground transportation, lodging, entries and coaching and in most cases, competitors will be required to make their own airline reservations. Each competitor will be charged a package price. All fees must be paid in full to the Eastern Region prior to departure, as per USSA policy. The Eastern Region will not enter athletes with outstanding balances into out of region events.

USSA U14 athletes registered as Eastern competitors (identified by an E# USSA Competition Membership) are not eligible to earn USSA points out of region. Eastern U16 and U14 athletes may race out of region with permission of the USSA Eastern staff. Any Eastern U14 athlete racing out of region will not be credited with any USSA points from these races, unless the athlete races in the U14 National Project at Park City and that race is scored.

\*The Eastern Office must make all entries to out of region races. Please contact the Eastern Region office for authorization and coordination of entry into out of region, non-Eastern events.

## **Selection Systems**

### **National Team Selection Method (NTSM)**

The National Team Selection Method will be used to select teams or to arrange invitation lists based on ranking by points when two or more disciplines are to be considered. NTSM is fully described in the USSA Comp Guide available on the USSA web site.

### **Development Quota Selection**

Based on written information received 15 days prior to an event or series, (or other posted deadlines) the regional competition staff will rank development quota requests. Coaches must provide the most current results and other

pertinent data relating to the athlete's progress in order to be considered. All Eastern Development Requests must be made via online forms on the eastern region web site. (<http://ussa.org/alpine-programs/regions/eastern-region/coaches>)

## **Championship Events and Selection Procedures**

**U.S. Alpine Championships** Hosted at Squaw Valley, CA – March 19-23, 2014

### **Eastern Region Quotas**

Men: DH/SG: 13 SL/GS: 13

Women: DH/SG: 10 SL/GS: 10

### **Selection Procedure**

The Eastern quotas for the U.S. Alpine Championships will be based on the following double board selection method:

Side 1: Eastern Cup Races (2 DH, 3 SL, 3 GS, 3 SG) scored with New World Cup Points by discipline. Athletes are ranked by discipline points within the series. DH series point leader comes off first; followed by the SL series point leader, then GS, then SG, back to DH, etc.

Side 2: FIS points. Athletes are ranked by FIS points in each respective discipline. Low DH point holder comes off the board first; followed by the low SL point holder, then GS, then SG, back to DH, etc.

Up to 20% of the Eastern Region quota to U.S. National Championship events could be selected on the basis of discretion by appeal to the USSA Regional Director. Should those spots not be used for discretionary selections, those spots revert to double board scoring. (EDC decision 6/28/13)

**U18 National Championships** Hosted at Copper Mountain, CO - February 27 – March 6, 2014

### **Eastern Region Quotas**

Men: 20, Women: 15

### **Selection Procedure**

Eastern quotas for the U18 National Championships will be by use of the following double board method:

Side 1: Development FIS races (2DH, 2 SL, 2GS, 2SG)\* scored with New World Cup Points by discipline. Athletes are ranked by discipline points within the series. DH series point leader comes off first; followed by the SL series point leader, then GS, then SG, back to DH, etc.

Side 2: USSA points. Athletes are ranked by USSA points in each respective discipline. Low DH point holder comes off the board first; followed by the low SL point holder, then GS, then SG, back to DH, etc.

Up to 20% of the Eastern Region quota to U18 National Championship events could be selected on the basis of discretion by appeal to the USSA Regional Director. Should those spots not be used for discretionary selections, those spots revert to the double board scoring. (EDC 6/28/2013)

\* The Qualifying Development FIS Races are the 2 DH at Sugarloaf, the 2 SGs at Okemo, and the February DEVO technical races.

**Eastern Junior FIS Finals** Hosted at Okemo Mountain, VT – March 8-12, 2014

### **Regional Automatic Quotas**

U18: 40 Men, 30 Women

U21: 25 Men, 15 Women

### **State Quotas per Gender**

Vermont 6                      Tri State 5

NH 6                              Pennsylvania 5

New York 5                      New Jersey 5

Maine 5                          Southern 4

Development 10

State quotas selection may differ between states. Contact your state association for more information or visit their website. After quotas are selected, any unused spots in individual events will go unfilled.

### **Selection Procedure**

This FIS event consists of: 2SG, 1GS, and 1SL. U18 automatics will come from the same ranking list used to determine the Eastern team to the U18 Nationals. The U21 automatics will be ranked the same way, and using the same races, as the U18's. \*Note: Only places 1-15 in Downhill will be scored for Eastern Junior FIS Finals qualifying. Race winners at this series will be automatics to the following year's Eastern Cups.

**Eastern USSA Finals** Hosted at Gore Mountain, NY – February 28 – March 3, 2014

### **State Quotas** (U18 and older, combined both genders)

Vermont 59                      Tri State 19

New Hampshire 29                      Pennsylvania 12

New York 25                      New Jersey 12

Maine 21                          Southern 7

State quotas represent one team to the series. At least one week prior to the event, State Chairs communicate with USSA East and request to use any declined quota spots.

### **Development Quota**

An additional 30 + athletes may be added to the SG's of this event. Requests need to be in the Eastern office by Feb 21 via online forms.

### **Details**

This USSA event consists of: SG, GS, and SL, filled through state quotas, by athletes who have not qualified for the Junior FIS Finals. Overall champions will be named based on total "Old World Cup points" scored in the series, ties will be broken by best single result, moving to the next single best result until ties are broken. There will be a non-mandatory SG training day available the day prior to the SG race for all interested competitors.

Race winners, not Overall Champions, at this event will be automatics to the following year's FIS Development races. Foreign athletes must qualify through their state organizations and will be included as part of their state's quota. Foreign athletes' USSA membership requirements (x-license) and their home federation's membership requirements must be in order. States may include seniors in their quota.

### **U16 Eastern Championships** Hosted at Whiteface Mountain, NY – March 6-10, 2014

#### **State Quotas and Entries**

State's quotas represent one state team and will be determined by Dec. 1 and published on the USSA Eastern Website. Competitors may choose not to compete in a discipline, but unused quota spots will remain unfilled in the applicable event/gender. Unused quota spots will not be reallocated to another state's quota. State quotas for boys and girls will remain the same for all events. Entry lists are due into the Eastern office one week prior to the start of the event. No alternates or substitutions will be allowed after the team captains meeting for the first race.

#### **Seeding**

Each state team will be divided into five groups for men, five groups for women. If quota is not divisible by five, the larger group will go into seed one, and then into seed two, as needed.

Within each of the five seed groups, a random draw will determine the first run order.

- Seeds will run in order from one to five for all events. Seeds will consist of the same athletes for each event.
- Second run start order for SL and GS events will be determined by normal USSA procedures; reverse top-30, then 31st on from first run times. If possible, first run DNFs and DSQs are allowed to run the second run, in bib order, at the end of the field. Determined by the jury.
- Eastern athletes selected to and participating in U16 NTG Projects, based on their performance at the U16 National Championship and Assessment Project, are automatics to the U16 Eastern Championships and will be seeded in the first seed for each event, which will be expanded to accommodate these athletes.

#### **Details**

This USSA scored event consists of: 2SG, GS, SL. Boys and Girls GS races will be held on separate days. There is no SG training scheduled for this event. Overall champions are based on a formula approved by the Children's Committee.

The top 8 1998 birth year per gender and top 5 1999 birth year per gender at this event will be invited to represent the Eastern Region at the U16 National Championships (Park City, UT - March 30 - April 4, 2014). Selections will be made by the following criteria: winners of individual disciplines contested (first SG, GS, SL) at the U16 Eastern Championships followed by rankings based on overall results in each discipline. First place will receive 1 point; second place will receive 2 points, etc. Scoring is based on the lowest single overall results with ties decided by the next best overall result, and third best if necessary. 27 boys and 27 girls will be invited to represent the region at the U16 Am-Can Races (Mt Tremblant, QC - Mar 20-23, 2014). Selections will be made by the following criteria: winners of individual disciplines contested (first SG, GS, SL) at the U16 Eastern Championships followed by rankings based on single run and overall results in each discipline. First place will receive 1 point; second place will receive 2 points, etc. Scoring is based on the lowest single place with ties decided by the next best place, and third best if necessary. There will be one discretionary spot per gender to Am-Cans available for athletes unable to compete at the U16 Eastern Championships due to force majeure. Requests for discretionary selection must be sent by the athlete's coach to the USSA Eastern Youth Coordinator and USSA Eastern Alpine Director more than 24 hours prior to the first team captains meeting at U16 Eastern Championships. The USSA Eastern Youth Coordinator and members of the Eastern Children's committee at a meeting prior to the first team captains meeting make discretionary selections. Any discretionary spots not used will revert back to ranked athletes. Athletes may participate in both the U16 National Championships and the U16 Am-Can Races. Events and seeding details for these events will be available on the USSA Eastern Website no later than the date of selections. The top ten girls selected to the U16 Am-Can will be automatic entries to the December Eastern Cup Series. The top ten boys selected to the U16 Am-Can will be automatic entries to the December FIS Development Series.

### **U16 Eastern Finals** Hosted at Sunday River, ME – March 6-9, 2014

#### **Quotas and Selection**

State Quotas will fill the field of 155 competitors. Quotas will be published by Dec. 1 on the USSA Eastern Web site. Quotas represent one state team. Unused quota spots will be reallocated through a state rotation of SO, NJ, PA, ME, TS, NY, NH, and VT.

#### **Seeding**

Same as the U16 Eastern Championships, described above.

#### **Details**

This non-scored event will consist of a SG, GS, and SL with a mandatory SG training day held prior to the SG race. Three athletes per gender will be selected to race at the U16 Am-Can Races (Mt Tremblant, QC - Mar 20-23, 2014) using the selection method to the Am-Can from U16 Eastern Championships, as described above.

## **U14 Eastern Championships** Hosted at Stowe, VT – March 14-16, 2014

### **State Quotas and Entries**

State's Quotas will be determined by Dec. 1 and published on the USSA Eastern Website. Quotas represent one state team to the U14 Eastern Championships.

### **Seeding**

Each state team will be divided into five groups for men, five groups for women. If quota is not divisible by five, the larger group will go into seed one, and then into seed two, as needed. Within each of the five seed groups, a random draw will determine the first run order.

Seeds will run in order from one to five for each event. Seeds will consist of the same athletes for each event.

Second run start order for each event will be determined by normal USSA procedures; reverse top-30, then 31st on from first run times. If possible, first run DNFs and DSQs are allowed to run the second run, in bib order, at the end of the field. Determined by the jury.

### **Details**

This non-scored event will consist of a GS and SL race and a Skills Assessment. The top 5 2000 birth year athletes per gender will be invited to represent the Eastern Region at the U14 National Assessment Project (Park City, UT - March 30 - April 4, 2014). Invitations to the U14 National Project will be made based on overall results (combined times) from each discipline contested. First place overall within each discipline/gender will receive 1 point; second place overall will receive 2 points, etc. Scoring is based on the lowest single overall result with ties decided by the next best overall result, and then best single run(s) if necessary. The next 25 athletes with 5 alternates per gender will be invited to represent the Eastern Region at the U14 Can-Am Races (Sugarloaf, ME – March 28-30, 2014). Selections will be made using the following criteria: winners of individual disciplines contested at the U14 Eastern Championships, followed by rankings based on each athlete's best 2 single run and/or overall results from the series. First place(s) will receive 1 point; second place(s) will receive 2 points, etc. Ties will be decided by the next best place (third result/place). Athletes invited to Park City are allowed to choose which project, National or Can-Am, they attend, but must notify the Regional Director within 48 hours of completion of U14 Eastern Championships.

The top 2 (from each gender) first year (2001's) with the best scores from the U14 Eastern Championships Skills Assessment will be automatic selections for the following season to the Eastern U14 Fundamentals Camp(s) and the Eastern U14 Speed Fundamental Camp. The top second year (2000's) will be named as automatics to the Eastern U16 Fundamental Camp(s). Athletes tied for 2nd selection (within age) in the Skills Assessment will also be named as automatics to these Eastern Camp opportunities.

## **FIS Series and Selection Procedures**

### **Nor-Am Cup Series**

#### **Quotas**

Quota numbers vary by event and country. See the USSA Alpine Competition Guide for details.

#### **Selection Procedures**

Selection is through a National System. Regions do not have regional quotas.

### **FIS - University Races**

See National Selection Section on the USSA Website. Also, see ([www.ussa.org/alpine-programs/regions/intents](http://www.ussa.org/alpine-programs/regions/intents))

## **FIS Eastern Cup**

### **Quotas and Selections**

Fields for the Eastern Cup events will be filled as follows: all eastern athletes (not including USST members) will be ranked by NTSM, using the current USSA points list in SG, GS and SL. At the discretion of the Eastern Region Director, a separate SL only ranking may be used for selection to SL only Eastern Cup Events. Method by gender seen here:

#### **Women**

Using a monthly NTSM ranking list of all Eastern women, the top 60 are selected, then athletes are added by age:

1994	5	
1995	5	
1996	20	
1997	20*	
Development	10	(This quota filled by Regional staff after the age group quotas are selected.)
Out of Region	10	
<u>Foreign</u>	<u>10</u>	
Total	140	

\* For December Series only: 10 - previous season's U16 Champs, 10 - based on a 3 way NTSM of USSA points.

#### **Men**

Using a monthly NTSM ranking list of all Eastern men, the top 90 are selected, then athletes are added by age:

1993	5
------	---

1994	5	
1995	5	
Development	10	(This quota filled by Regional staff after the age group quotas are selected.)
Out of Region	10	
Foreign	15	
Total	140	

All selections are made from one established NTSM ranking list for each race series. If athletes selected by age group quota are not participating, no alternates will be named.

Development quota selections will be based on online request forms received prior to the published deadline for each month. The field will be filled to the maximum of 140 by using the established NTSM list adding (non-age specific) athletes not previously selected. Additional development quotas will be used to fill the field. Quotas for access by other USSA regions and Canada are established through the Eastern USSA Alpine Director. Other foreign quotas will be filled as per the FIS ICR. Entries for Foreign athletes in Eastern US programs must be made by the athlete's national association or by an officially designated representative using a travel letter.

If, due to USST, foreign entries, and out of region entries, the field must be reduced to 140, the following steps will be taken: athletes added to the field by non-age specific NTSM would be removed from the board in reverse point order, if lists to support step 1 are not available, or if the 140 maximum is not yet achieved, Eastern athlete names will be removed from the board in reverse point order as per USSA regional series guidelines.

#### Details

This FIS scored series is used to select athletes to US Nationals based on the method outlined in the US National Championship section in this document. Overall series champions will be named at the Eastern Cup Finals at Sunday River, ME, after the final race, using New World Cup points (100-1) for each athlete's total of the all events contested through the entire season. Awards go to the top-three overall winners and the top-three U18 competitors at each event. Entry fees will be waived for named USST members. Eastern region (EASEF) will support the top five point holders with FIS rank inside the top 350 in the contested discipline at all Eastern Cup races. It is recommended, but not required, that entry fees be waived for the named 2014 Eastern Region Team members.

### Development FIS Races

#### Regional Quotas and Selections

All selections are made from one established NTSM ranking list of USSA points for each race series. The Eastern Region Alpine Director will select the development quota after the age group quotas are selected. Consideration for development quota selections will be based on development quota online forms received prior to the published deadline for each month. Any one program may make a maximum of 5 development requests per gender, per month found here (<http://ussa.org/alpine-programs/regions/eastern-region/coaches>). Different quotas and methods:

#### December Series (Men Only)

Using the Dec. NTSM ranking list of all Eastern men, the top 40 not into Eastern Cups are selected, then athletes are added by age:

NTSM	40	
1996	20	
1997	20	(10: previous season's U16 Champs, 10: based on a 3 way NTSM of USSA
points.) Development	10	
Out of Region	10	
Foreign (Max)	10	
State Quotas	31	(See below for breakdown)

#### Jan/Feb/Mar Development FIS Races (Men and Women)

Using the monthly NTSM ranking list of all Eastern juniors, the top 40 are selected, then athletes are added by age:

JR NTSM	40	
1996	20	
1997	20	
Development	10	
Low pt. Requests	10	
Out of Region	10	
Foreign (Max)	10	
State Quotas	31	(See below for breakdown)

#### State Development Quotas (per gender)

Maine	5	New York	5
Vermont	5	New Jersey	2
New Hampshire	5	Southern	2
Tri-State	5	Pennsylvania	2

State development request forms on our website. (<http://ussa.org/alpine-programs/regions/eastern-region/selections>)

State chairs will receive the age group and development selections from the Eastern office. State selections, in ranked

order, will be sent to the Eastern Office no later than seven days prior to the first day of the series. The remainder of the field will be filled to the maximum of 140, using the established NTSM list adding (non-age specific) athletes not previously selected. Additional development quotas may also be used to fill the field. The Eastern Region Director reserves the right to add up to 10 low point holders to each race, based on requests made at least 7 days prior to the start of the series. Selections will be made based on points for the events being contested from among those that have expressed interest. Online forms via the eastern web site will be utilized.

If, due to USST, foreign entries, and out of region entries, the field must be reduced to 140, the following steps will be taken: athletes added to the field by non-age specific NTSM would be removed from the board in reverse point order, if lists to support step 1 are not available, or if the 140 maximum is not yet achieved, Eastern athlete names will be removed from the board in reverse point order as per USSA regional series guidelines.

#### **Details**

This FIS scored series is used to select athletes to U18 Nationals based on the method outlined in the U18 National Championship section in this document. Awards go to the top-three overall winners.

\*All eastern athletes wishing to participate in any FIS races must have their information, including their representing coach on file with the Eastern Office using online forms on the eastern web site. Athletes who do not have their information on file with the eastern office will not be selected for eastern quotas.

### **FIS Open Series**

#### **Quotas and Selection**

Entry to Eastern Region Open FIS races is open to all eastern athletes with a valid FIS license. The Eastern Office will use a three-event NTSM list to rank all athletes who have expressed interest (via online forms) and will decide on the appropriate number of athletes to compete based on the venue and discipline being contested.