

UVM INJURY STUDY for PEDIATRIC, ADOLESCENT and TEENAGE ALPINE SKI RACERS

Dear VARA Community Member,

Following is a request to join a study being conducted by a former ski racer who is now at the University Of Vermont (UVM). I hope when you read below that, if you fit into the group that is targeted, that you choose participate in the study.

Thanks for your consideration !

**Julie Woodworth
VARA Executive Director**

Dear Parent or Guardian of a VARA alpine ski racer:

You are being invited to take part in a research study entitled, "Competitive Alpine Ski Injury Assessment in Children" because you are a member of the New Hampshire, New York or Vermont Alpine Racing Association. This survey should take less than 10 minutes to complete.

Injuries related to competitive alpine ski racing have been well documented in college age athletes and much research has been dedicated to the prevention of these injuries. There is a lack of information, however, in the types and frequency of injuries in school aged pre-collegiate alpine ski racers. The purpose of this study is to identify the types of injuries that occur in pediatric, adolescent and teenage alpine ski racer with the goal of developing preventative measures to decrease the number of alpine ski injuries.

Consent to participate in this study is through the parent or guardian of the alpine ski racer if the child is less than 11 years old and through assent if your child is 11 years or older. Your participation in this survey is completely voluntary and all information is confidential. Only age and date of birth of the study participants will be recorded.

Filling out and submitting the survey gives us permission to use your data in our study. You may discontinue your participation in this study at any time by exiting the program. No information will be used unless it is submitted by you. If you would like to discontinue your participation from the study after submitting your response, please call (802)656-4259 or email jennifer.lisle@med.uvm.edu

You may contact Dr. Jennifer Lisle, the Investigator in charge of this study, at (802)656-4259 or jennifer.lisle@med.uvm.edu for more information.

at (802)656-4259 or jennifer.lisle@med.uvm.edu for more information about this study. If you have any questions about your rights as a participant in a research project or for more information on how to proceed should you believe that you have been injured as a result of your participation in this study, you should contact Nancy Stalnaker, the Director of Research Protections Office at the University of Vermont at (802)656-5040.

Sincerely,

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**PLEASE CLICK THE HIGHLIGHTED LINK
BELOW IF YOU WISH TO PARTICIPATE IN
THIS STUDY**

My child is younger than 11 years old:

[I understand this research study and I agree to allow my child to participate in this study](#)

[\(If clicking the link does not work copy and paste into your browser\)](#)

My child is 11 years or older:

[This research study has been explained to me and I agree to participate in this study](#)

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