



**2016 – 2017
Policies and Qualifying Procedures**

1 November 2016



U.S. Ski and Snowboard Association
The National Governing Body for Olympic Skiing and Snowboarding

USSA Eastern Region Policies and Procedures 2016-17

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USSA Eastern Region Policies and Procedures 2016-17

The USSA Eastern Region is one of three USSA regions established under the authority of the USSA Alpine Sport Committee (ASC) and responsible for the regulation of the sport of Alpine Ski Competition within the geographical area of the Eastern United States. It consists of 8 divisions (state associations): Maine (MARA), New Hampshire (NHARA), New Jersey (NJSRA), New York (NYSSRA), PARA (PA, MD, DE, D.C.), Southern (SARA: NC,VA,WV), Tri-State (TSASRA: CT,MA,RI) and Vermont (VARA). The Eastern Alpine Competition Committee establishes the regional policies, procedures and operating rules for the Eastern Region. The region is charged with the design and conduct of all International Ski Federation (FIS) races and Junior Championship competitions in the East for each season. USSA Staff will: field teams at Nor-Am Cup races and all US National Championship events, conduct a series of development projects for regional athletes, name the Regional Training Group, and assist athletic development within the pipeline of USSA and the Regional Alpine Development Programming.

Mission Statements

USSA:

The mission of the USSA is to lead, encourage and support athletes in achieving excellence by empowering national teams, clubs, coaches, parents, officials, volunteers and fans.

USSA East:

It is the Mission of the USSA Eastern Region to provide the programs, leadership and resources necessary to enable our athletes to achieve their ski racing potential.

EACC:

The mission of the Eastern Region is to foster well-developed programs and athletes by providing the structure, direction, resources and support required for athletes to reach their individual potential.

Eastern Region Governance

The Eastern Alpine Competition Committee is a committee of the Eastern Ski Association (ESA) composed of a chair, vice-chair, immediate past chair, children's racing committee chair, development committee chair, up to two at-large members, divisional chairs from the eight divisions (state associations), athlete representatives, alpine officials representative, and three non-voting members: high school representative, college representative and EASEF representative. The EACC is comprised of dedicated volunteers who strive to represent the interests of the alpine ski community within the Eastern Region, without regard to race, gender, religion, or national origin. Along with USSA Regional staff, they develop, manage and control competition schedules and advancement systems in the Eastern Region that are consistent with USSA and The Ted Stevens Olympic and Amateur Sports Act.

Specific actions of the EACC have included: the adoption of Eastern Region team selection procedures to various championships and a framework of qualification events, adopting the design and governing rules of all FIS competitions below the level of Continental cups in the region, assisting USSA staff in the creation of training opportunities for the regional training group and conduct of a Junior Championship race program. They also represent the Eastern Region's views on the National Alpine Sport Committee.

The EACC:

Chair:	Connie Webster, NYSSRA	MARA:	Laurel Lashar
Vice Chair:	Dan Marshall, NHARA	NHARA:	Andrew Gannon
Past Chair:		NJSRA:	Rob Dowd
Development:	Tom Sell , VARA	NYSSRA:	Dirk Gouwens
Children:	Sally Utter, VARA	PARA:	Dan Chayes
Officials:	Doug Hall, VARA	SARA:	Sean McKee
Secretary:	Bev Oliver, NHARA	TSASRA:	Laura Sullivan
Athlete:	Peter Girardi, VARA	VARA:	Julie Woodworth
	Chris Frank, VARA	* College:	John Dwyer, NHARA
	Roger, Brown, VARA	* High School:	Dan Marshall, NHARA
	Sam Damon, VARA	* EASEF:	Mike Davenport
At-Large:	Doug Williams, VARA	* Emeritus:	Horst Weber, NYSSRA
	Tao Smith, VARA	(*Non-Voting)	

EACC Operating Procedures:

For more information about the EACC's Operating Procedures, go to this link on the USSA East website: <http://alpine.usskiteam.com/alpine-programs/regions/eastern-region/about-us/governance>

USSA Eastern Region Staff

USSA Eastern Region staff represents USSA and the Alpine Development Department in the East and advocates for Eastern athletes within that system. They are the primary implementers of national and regional policies in alpine development. They also are charged with formulating and implementing regional programs, management of regional projects, management of the regional competition system's policies and procedures, and assisting the USSA Sport Education department in the development of clubs, coaches and officials. As the volunteers do at the committee and working group level, the staff represents the interests of USSA members, clubs, divisions, and regional staff formulation and implementation of USSA's efforts.

Development Director	Martin Guyer – South Burlington, VT	mguyer@ussa.org
Development Coach:	Kyle Darling - Thornton, NH	kdarling@ussa.org
Manager:	Patricia Nichols – Westford, VT	pnichols@ussa.org
Youth Coordinator:	Thomas Ashworth – Stowe, VT	tashworth@ussa.org

Membership

Appropriate membership in USSA is mandatory for all participants in the alpine programs of the Eastern Region. To participate in races used as qualifying events leading to state championships and Eastern Region Championship events, competitors are required to hold a USSA Competitor License. Competitors must carry their membership card(s) to every race.

Membership in a division (state racing association) is required for USA FIS registered athletes, USSA athletes and USSA foreign athletes who want to be eligible to qualify for selection to state or national quota spots. A racer shall race for the division and region in which he/she resides or in which they are attending school and/or training on a long-term basis. The decision, which must be made at the start of the season, must be based on where the racer spends the greatest part of his/her ski training. It must be abided by for the entire season, unless there are extraordinary circumstances. Competitors must join their divisional (state) associations prior to or at the same time as joining USSA.

Competitors

Youth Athletes (Age: 13 and younger)

The youth program is the entry-level avenue for skiers new to the sport of alpine ski racing. This umbrella program's flexible format enhances existing entry-level programs. The structure of racing varies from division to division and from program to program. Many involve dual-racing format, team racing concepts or other fun events. For detailed information about the programs available in your area, contact your divisional racing organization listed on our website (www.ussa.org/east).

U14 (Age: 12 and 13)

U14 begins with divisional (state) racing circuits scheduled by each divisional (state) association. (Starting in January, each division (state association)) organizes a competition ladder to determine which athletes qualify to the U14 Eastern Championship event in March. Information about access will be available through your division. In late March, the top performing U14 athletes may be invited to the U16 National Championships and the Can-Am Races (a series of races contested between the Eastern Region and Eastern Canada). The regional staff will facilitate on and off snow camps for top performing U14 athletes throughout the year and assist with U14 projects organized at the division level. Eastern U14 athletes are not allowed to race in or earn points in scored races unless the athlete races in the U16 National Championships. Competitors in USSA races must hold a valid USSA U14 Competitor membership for all competition events outside their home club.

Exceptional Athlete Program (Ski-up Rule)

An exceptional athlete may come through the system every few years. The procedure for Skiing Up is a request made by a competitor, his/her parents and the competitor's coach to their Divisional(State) Chair for initial approval. After regional approval by the Eastern Youth Coordinator and Director, the USSA Alpine Development Director provides final approval.

Ski Down Rule

Some divisions allow an athlete to Ski Down an age level. The procedure for Skiing Down is a request made by a competitor, his/her parents and the competitor's coach to their Divisional association as per Divisional rules. A Ski Down athlete should follow all rules for the specific

age class in which they will be skiing. Ski Down athletes cannot advance to USSA Regional Championships or Am- Can or Can-Am events.

Development Athletes (Age: 14 through 20)

The age groupings in scored competition allow for athletic development in various series of races that form a pipeline from local to state to regional to national to international events. Advancement through these levels is based on ability.

Athletes racing in USSA scored competitions must hold a valid age appropriate USSA Competitor License and be a member of one and only one divisional (state racing) association. Racing in FIS scored competition requires a valid USSA Competitor License, a valid International Ski Federation (FIS) License, available for purchase through USSA, and USA registered participants be a member of one and only one divisional (state racing) association.

U16 (Age: 14 and 15)

U16 competition is the first step in seeded competition. Athletes must hold a valid USSA Competitor License to earn points in the USSA's point system and advance to divisional championships or other Eastern region events. Athletes must be members of one and only one Division (state racing association). U16s holding a valid U16 USSA Competitor License are eligible to compete in USSA scored competitions in the East.

U16s compete at the divisional level in qualifying series for selection to regional events, culminating in the Eastern U16 Championship and Eastern U16 Finals. Top performers at these events will qualify for U16 National Championships and the Am- Can Races (a series of races contested between the Eastern Region and Eastern Canada). Qualification procedures for these events are available in this handbook, on the Eastern website or from divisional organizations.

Top U16s may also be invited to the U16 National Project Series during the season. This series is designed to bring top performing U16s from around the country together several times a year. Athletes can also qualify for the Seven Nations Cup from this series. See the appendix and the Eastern website for qualification procedures and quotas for this series.

The regional staff will also, facilitate on and off snow camps for top performing U16 athletes throughout the year and assist with U16 projects organized at the divisional level.

U19 (Age: 16, 17 and 18)

Through qualifying race series and USSA point systems, athletes advance to regional championship races: Eastern USSA Finals, Eastern Development Championships, National (U21 & U19) Junior Championships and the US Alpine Championships. Top-performing U19 athletes may compete in FIS Open, FIS Development series, Eastern Cup, and Nor-Am Cup Series. Athletes are eligible to compete out of region and internationally but must follow the entry procedures found in the USSA Competition Guide and the Competition Management section of this document.

Top performing U19 men may also be invited to the U19 National Project Series during the season. This series is designed to bring top performing U19 men from around the country together several times a year. There will also be race opportunities and additional national quota. The third U19 project will also have opportunities for women this year. See the appendix and the Eastern website for qualification procedures and quotas for this series.

The regional staff will facilitate on and off snow camps for top performing athletes throughout the year and some will be invited to National, Tri or Bi-Region Projects, bringing together the top performing athletes from the three regions (East, Rocky/Central, West). Based on US Ski Team Criteria, eligible athletes are invited to join the National Training Group (NTG) or the US Ski Team.

U21 (Age: 19 and 20)

Through qualifying race series and USSA point systems, athletes advance to regional championship races: Eastern USSA Finals, Eastern Development Championships, National Junior Championships and the US Alpine Championships Top-performing U21 athletes may compete in FIS Open, FIS Development series, Eastern Cup, and Nor-Am Cup Series. Athletes are eligible to compete out of region and internationally but must follow the entry procedures found in the USSA Competition Guide and the Competition Management section of this document. The regional staff will facilitate on and off snow camps for top performing athletes throughout the year and some will be invited to National, Tri or Bi-Region Projects, bringing together the top performing athletes from the three regions (East, Rocky/Central, West). Based on US Ski Team criteria, eligible athletes are invited to join the NTG or the US Ski Team.

Seniors (Age: 21 and over)

Seniors provide the point base for divisional and regional series, competitiveness within the Eastern college racing circuits, and top-level competitive involvement with the U.S. Ski Team. Many of the top-seeded athletes in this age group are involved in college racing. USSA and FIS races (Eastern Series Races, University and the Nor-Am Series) provide this group of competitive athletes with national and international comparisons.

Masters

At age 18, athletes may begin racing in USSA Masters races. Athletes holding a valid USSA Masters License may compete in Masters competitions but will not score USSA points. Athletes holding a valid USSA Masters License and a USSA Competitor License have the option of participating at both the master and senior levels of competition and are eligible to score USSA points in any USSA scored competitions. For more information on the USSA Masters Program, please visit their website: <http://ussa.org/alpine-programs/masters> or refer to the *USSA Alpine Masters Handbook*, sent to all Master's License holders. (Athletes must be 21 years old to be able to compete in the Master's Regional, or National Championships)

USSA East Regional Programs

Purpose Statement: To produce the best alpine ski racers in the world at the developmental, sub-national team level by offering complementary cooperative training with Tri and Bi - Regional, Eastern Region, and Eastern Region division, club and academy training programs/plans.

Goals:

1. To assist skill development, management, athletic training, and competition performance programs of the top Eastern athletes.
2. To establish and conduct an athlete talent detection and development system that tracks and measures the performance and performance characteristics of top regional

racers at various chronological points in their ski racing development.

3. To contribute as productively, professionally, and fully as possible in the achievement of the USSA Vision of being the best nation in the world in Olympic Skiing and Snowboarding.

Objectives:

1. To have fun and further develop a passion for ski racing.
2. To effectively progress an athlete's personal development.
3. To integrate into the Alpine Development system and contribute to its success.
4. To bring the top performing Eastern athletes together.
5. To utilize the best coaches available.
6. To use best practices in the design of the projects and programs.
7. To promote the principles of athleticism in all projects.
8. To promote competent athletes in all four events.
9. To promote sportsmanship, individual responsibility, teamwork, and life skills through athletic achievement.
10. To develop superior fundamental skiing skills.
11. To present a comprehensive ladder of training opportunities for regional athletes in partnership with divisional regional and national program components.
12. To develop a comprehensive picture of the best regional racers across all age groups.
13. To contribute to sound athletic, competitive, programming for individual athletes through cooperative efforts with home programs and coaches.
14. To provide a competition program that progressively presents competitive tests that validate the training model.
15. To procure the necessary tools for the athletes and coaches to achieve their best.
16. To develop athletes, coaches, parents and officials as good partners through education and communication.
17. To make the program as cost effective and affordable as possible.

Principles:

1. The Eastern Region will design and operate programs in cooperation with the USST and regional ski clubs that enhance and complement the overall training program of the athletes.
2. The Regional Training Group recognizes and supports the home club programs as the basis of each athlete's program.
3. Training camps will be designed as a progression, using annual and multi-year cycles.
4. Eastern athletes should be developing skills in each of the four alpine events.
5. The program will stress sound fundamentals and skill development at all levels.
6. USSA East will support empowerment and engagement through education, training, and development of athletes, coaches, parents, clubs, and officials.

Project Coaches:

For most major USSA and FIS national series and events, where USSA Staff organizes a team, a project coaching staff will be named. There will be a head coach and assistants for each of the men and women's projects. Additional coaches will be added for events involving

downhill. The Eastern Development Director, Development Coach and Youth Coordinator will determine the number of coaches necessary for a particular race, series or project. An Eastern Region Project coach's responsibility is to the entire team. While club affiliations mean familiarity with athletes from a home program, the coach has assumed responsibility for working with all of the athletes representing the Eastern Region. The USSA staff organizing the project determines the selection of Eastern Region staff. Clubs shall submit a list of coaching nominees for each trip. USSA East staff will review the nominations. Announcements of the project coaching staff for each trip will be made in a timely manner so that the coaches and their home programs can plan accordingly.

Project Coaches will:

1. Cooperate with and be responsible to the Project Leader.
2. Be current members of USSA and carry a coach membership/license.
3. Be eligible under USSA rules to serve as a referee and course setter.
4. Adhere to and support the conditions of the USSA Code of Conduct.
5. Supervise the athletes in a manner that promotes top performance and complies with the USSA Code of Conduct.
6. Be prepared and ready to carry out their responsibilities at all times.
7. Carry out coaching assignments to the best of their ability and in a timely manner.
8. Submit expense reports or RFPs to USSA Staff responsible in a timely manner.

Project Conduct:

All coaches, officials and athletes representing the Eastern Region are bound by the USSA Code of Conduct and by other guidelines properly established by the EACC or the USSA Eastern staff. Violations of the Code of Conduct, and/or rules and guidelines, brought to the attention of the USSA Eastern staff at races and/or projects, will be discussed with the project staff to decide an appropriate course of action.

The following are guidelines that will be followed by the Eastern Region to decide upon a proper course of action:

1. A panel named by the Eastern Region Development Director, the Eastern Development coach, and/or the Youth Coordinator will be formed from the coaching staff and any EACC members present.
2. The chairman of the panel will be the USSA Eastern staff leading the project or the designated team leader/head coach.
3. Prior to any action being taken, the Eastern Region Development Director and/or the USSA National office will be notified.
4. If disciplinary action is deemed necessary, the following people shall be notified: a) in the case of an athlete, the athlete's coach and parents or guardian; b) in the case of a coach or official, their supervisor; c) the EACC chair; and d) the State Chair.
5. Any action taken will require the filing of a written report to the USSA Alpine Director, the Alpine Development Director, the Eastern Region Development Director and the EACC Chair outlining the charges, facts and findings.
6. If an appropriate course of action cannot be agreed upon, the chairman of the panel shall refer the facts and possible courses of action to the USSA Alpine Director and/or the USSA Athletic Director for advice and guidance.
7. Prior to any competition suspension, the USSA Alpine Director and USSA Legal Counsel must be notified.

Any disciplinary action taken shall comply with the USA Ted Stevens Amateur Sports Act and the USSA Code of Conduct, and any other applicable USSA rule in place. All actions involving “protected competitions”, as defined by USSA, are subject to the due process provisions contained in the Bylaws of United States Ski and Snowboard Association. One or more of the following actions may be imposed:

1. Removal from the team, competition trip, or training camp.
2. Suspension from training and/or competition.
3. Elimination of coaching, travel and/or other benefits.
4. Turning the offending party or parties over to the local or state authorities if the offense is a violation of existing laws.
5. Any action taken shall be applied fairly and equitably to all parties involved.

Divisional/ State Projects:

USSA East Staff will support an added layer of programming at the Divisional (State) level. Staff from within the Division, the Division Youth Coordinator and/or the Division’s Children’s Committee, will organize this programming with athletic support from USSA Regional staff. With this level of programming, athletes, clubs and families will benefit from increased exposure to other athletes, coaches and venues. Athlete selection methods, programming, venue and other logistics are determined by the Division.

Competition Management

The Eastern Region has quotas for the various national events, US Alpine Championships and the National U21 & U19 Junior Championships, as well as at FIS series in the other regions of USSA. The EACC has established procedures for filling these quotas. In addition, there is a USA/USSA quota to Nor-Am, FIS UNI, Canadian and other International FIS races with nationally established procedures for qualification. To be considered for any of these events, racers must declare their interest in the events according to the National and Eastern Region Intent to Compete procedures. Only current-season USSA members who have the proper FIS and division memberships and are Eastern Region athletes as defined in the USSA bylaws will be eligible for the Eastern quotas. Eligibility for some quotas has prerequisites. Racers who wish to be included in some or all of these quota selections must meet these prerequisites. Racers are responsible for knowing what these requirements are and for meeting them. Entry fees are the responsibility of the individual competitor or team captain of a Regional Development project and must be paid according to the policies of the Division or region hosting the event.

FIS Race Series - Quotas, Eligibility, Intents and Selection

NorAms:

Quotas :

Quota numbers are 60 for the USA and 60 for Canada. See the USSA Alpine Competition Guide for details.

Eligibility: For all NorAm events athletes must have less than 100.00 FIS points in any event in order to apply for selection. Development nominations are exempt from these limitations.

Intents and Development Requests.

NorAm race intents will be submitted via the USSA Intents website: <http://ussa.org/alpine-programs/regions/intents>. Please refer to the site for instructions. Intents will be due 21 days prior to the first team captains' meeting. There is a calendar on each page of the website with Intent Deadlines clearly marked. Confirmation is due by 16 days prior to the first team captains' meeting.

Intents may be filed for multiple race series for any given dates within a period. However, confirmation can only be for one series during a time period. There should be no pulls after 16 days except for injury.

Selection:

Ranking lists for NorAm events will be constructed for selection purposes based on the FIS points valid at the time of intent closure.

Intended athletes' coaches will be notified electronically as soon as the ranking boards are done. Quotas for the events will be posted on the confirmation page. Coaches will have by the date published on the intent site to confirm or pull athletes. Unconfirmed athletes will be pulled.

Please intend your athlete on the NorAm page if you wish them to be considered for a Nor Am development spot. Selection is through a National System. Regions do not have regional quotas.

FIS UNI Events

Quotas and Eligibility: See the USSA Alpine Competition Guide for details .

Intents:

FIS UNI race intents will be submitted via the USSA Intents website: <http://ussa.org/alpine-programs/regions/intents>. Please refer to the site for instructions. Intents will be due 21 days prior to the first team captains' meeting. There is a calendar on each page of the website with Intent Deadlines clearly marked on the day. Confirmation is due by 16 days prior to the first team captains' meeting.

Intents may be filed for multiple race series for any given dates within a period. However, confirmation can only be for one series during a time period. Intents may be made for full series participation only. There should be no pulls after 16 days except for injury.

Selection:

Ranking lists for FIS UNI events will be constructed for selection purposes based on the FIS points list valid at the time of intent closure.

Intended athletes' coaches will be notified electronically as soon as the ranking boards are done. Quotas for the events will be posted on the confirmation page. Coaches will have by the date published on the intent site to confirm or pull athletes. Unconfirmed athletes will be pulled.

Selection is through a National System. Regions do not have regional quotas.

Canadian FIS Races

Quotas: as posted on confirmation sheet. 15/ gender for FIS races.

Eligibility:

FIS Inscription, USSA membership and divisional membership.

Intents:

Canadian FIS race intents will be submitted via the USSA Intents website:

<http://ussa.org/alpine-programs/regions/intents>. Please refer to the site for instructions. Intents will be due 21 days prior to the first team captains' meeting. There is a calendar on each page of the website with Intent Deadlines clearly marked on the day. Confirmation is due by 16 days prior to the first team captains' meeting.

Intents may be filed for multiple race series for any given dates within a period. However, confirmation can only be for one series during a time period. There should be no pulls after 16 days except for injury.

Intents may be made for full series participation only. The Regional Development Director may allow the following exemptions:

1. An athlete qualified for USST or Tri-Regional invitation to international competition.
2. Four event series will be considered in such a way as to account for athletes not participating in one or more of the event spectrum by the Regional manager.

Selection:

Ranking lists for Canadian FIS events will be constructed for selection purposes based on the FIS points valid at the time of intent closure. Selection is by NTSM of contested events.

Intended athletes' coaches will be notified electronically as soon as the ranking boards are done. Quotas for the events will be posted on the confirmation page. Coaches will have by the date published on the intent site to confirm or pull athletes. Unconfirmed athletes will be pulled.

International Intents (excluding Canada)**Quotas : (see Northern Hemisphere Precisions for any changes)**

FIS 10 men, 10 Ladies

NJR 5 men, 5 Ladies

Eligibility:

FIS inscription.

Intents:

International race intents (non-Europa Cup) will be submitted via the USSA Intents website: <http://ussa.org/alpine-programs/regions/intents>. Please refer to the site for instructions. Intents will be due 21 days prior to the first team captains' meeting. There is a calendar on each page of the website with Intent Deadlines clearly marked.

Selection:

Intents received 21 days prior to the first Team Captains Meeting of the series will be seeded according to FIS points valid at the time of intent closure. Entries received within the 21 day window will be added to the entry in the order they are received. Confirmation process and copies of entries will be sent to coaches. All intents and entries will be recorded and updated. Additional quota information and notices are posted on the cover sheet of the monthly spreadsheet or on individual tabs in the workbook. Park City - marigo@ussa.org - must be notified immediately if an athlete that has been intended for an international series is not going to attend.

Out of Region Intents

Quotas: 10 Men, 10 Ladies

Eligibility: FIS Inscription

Intents:

Intents for out of region FIS races, will be submitted via the USSA Intents website: <http://ussa.org/alpine-programs/regions/intents>. Please refer to the site for instructions. Intents will be due 21 days prior to the first team captain's meeting. There is a calendar on each page of the website with Intent Deadlines clearly marked on the day.

Intents may be filed for multiple race series for any given dates within a period. However, confirmation can only be for one series during a time period. There should be no pulls after 16 days except for injury.

Intents may be made for full series participation only. Eastern Quotas may not be used for partial entry to any out-of-region FIS series. The Regional Development Director may allow the following exemptions as listed above (see Canadian Intents).

Selection:

Ranking lists for out of region FIS events will be constructed for selection purposes based on the FIS points valid at the time of intent closure. Ranking will be done by NTSM of contested events. Intended athletes' coaches will be notified electronically as soon as the ranking boards are done. Quotas for the events will be posted on the confirmation page. Coaches will have by the date published on the intent site to confirm or pull athletes. Unconfirmed athletes will be pulled.

U19 National Project Series - National Quota for races

Quota: See 2016-2017 NPS paper on the Eastern website or appendix of this handbook.

Eligibility:FIS Juniors (U19,U21(pace quota for races) Men Ladies eligible for Copper)

Intents: Intents for the junior quota for the U19 National Project series races, will be submitted via the regional page where the event is held on the USSA Intents website: <http://alpine.usskiteam.com/alpine-programs/regions/intents>.

Please refer to the site for instructions. Intents will be due 21 days prior to the first team captain's meeting. There is a calendar on each page of the website with Intent Deadlines clearly marked on the day.

Intents may be filed for multiple race series for any given dates within a period. However, confirmation can only be for one series during a time period. There should be no pulls after 16 days except for injury.

Selection:

This is a National quota selected by NTSM of the events being contested and development selections.

Eastern FIS Series**Intent, Confirmation and Development Requests:**

All athletes who have been registered by their coaches/representative with the Eastern Office and confirmed to have divisional memberships will be on the Eastern Athlete Ranking List and eligible to intend for Eastern events. The athletes should also have an account with adminskiracing.

Two general 3 event NTSM ranking lists of all athletes on the Eastern Athlete Ranking List will be generated with the publication of each new FIS and USSA list. These ranking lists

will be posted on the [coaches page of the Eastern Website](#) - . These lists are generated to give coaches and athletes a general idea of where the athlete ranks among Eastern Region athletes. **These are not ranking lists for intents.**

All deadlines for intent, confirmation, and development requests for the 2017 season are published on the Eastern FIS Dates Document (EFDD) that is found on the Coaches page of the USSA Eastern website.

Intent and Confirmation Process for all Eastern events for Eastern athletes:

1. All Eastern athletes who wish to participate in **any Eastern FIS Series** races must be registered on the Eastern FIS athlete ranking list by their coaches/athlete representative with the Eastern Office and have a divisional membership. If your athlete is currently not on the ranking list and would like to be entered, please contact the Eastern office - pnichols@ussa.org.
2. All Eastern athlete race intents for any Eastern series race will be submitted via the USSA Intents website: <http://ussa.org/alpine-programs/regions/intents>. Intents will be due 21 days prior to the first team captains' meeting. There is a calendar on each page of the website with Intent Deadlines clearly marked on the day. Confirmation is due by 16 days prior to the first team captains' meeting. Remember intent and confirmation dates are also available on the Eastern Deadline document and the competition calendar on the Eastern website.
3. **Final date** for intent for all **foreign athletes on travel letters** who are associated with Eastern programs will be 21 days previous to the first Team Captains' Meeting for the Series. These athletes may be intended through the foreign athlete entries portal on the Eastern coaches' page. (<http://alpine.usskiteam.com/alpine-programs/regions/eastern-region/coaches>). If you have requested an entry for your athlete from a foreign federation for an event, if you could let the Eastern office know, it would be helpful.
4. On the "Confirm start" date on the EFDD, if you have intended athletes for a race series you will receive an email link from the Eastern Office to a Google spreadsheet that includes all athletes who intended for the Eastern Series race, out of region confirmed entries/quota spots, foreign athletes on travel letters associated with Eastern Programs who have been intended and any foreign federation entries that have been received at that point. There will be a cut off line letting you know what athletes are in the race at that time (Green highlighted line). At this time you need to confirm or pull your Eastern athletes by the confirmation close list date, which is 16 days from the first Team Captains' Meeting. **If an athlete is not confirmed, they will be considered a pull and removed from the list so make sure to confirm your athletes below the line also.** Please pull any foreign athlete you represent at this time if they are not going to attend the event. Foreign athletes will not be pulled from the entry list if they have not confirmed, but please remember these athletes are occupying quota spots that could be filled by other athletes if they end up not racing and we cannot determine final numbers for USA athletes until we know final quota numbers for foreign athletes. The confirmation sheet will be accessible through the appropriate "View Spreadsheet" selection on the Eastern page of the National Intent site if you cannot find the link that was sent to you.

5. During the confirmation period the Eastern Office will try to adjust the highlighted "IN" bar
6. On the "publish date" found on the EFDD, which is 15 days from the first Team Captains Meeting, the list will be finalized in the Google spreadsheet and athletes whose names appear above the green line will have their information uploaded into the Admin Ski Racing website for payment. An email will be sent reminding athletes to go to Admin Ski Racing to pay and it will also give a link to the website to allow for payment. Eastern Athletes will have 4 days to pay for the race series or they will be pulled with no recourse for getting back on the entry. Only athletes whose names appear above the green line will be able to access the race and pay for it. Several spots may be saved for late arriving foreign entries.
7. Requests for **development spots** will be open when the confirmation list is posted. Requests will close 48 hours before confirmation closes. You may request a development spot through online forms located on the Eastern website coaches page. (<http://alpine.usskiteam.com/alpine-programs/regions/eastern-region/coaches>)
 - a. See the Development Requests and Foreign Intents box. An email will be sent as a reminder that development requests are now open. Just as a reminder, you must have intended and already confirmed your athlete or they will not be considered for a development request spot. If your athlete happens to make quota we will just remove them from the development request list.
 - b. Development selections will be posted when the confirmation closes. These athletes will be able to pay on line with the first payment group and will be subject to the same 4 day payment deadline. (see #8). If any development selection athlete is unable to attend to the race after they have been selected they need to let the Eastern Manager know immediately after their name has been posted.
8. After the first payment window, all Eastern athletes who have not paid, will be purged from the entry list with no recourse to get back on the list and the green entry line will be readjusted on the Google spreadsheet and 20 alternates named. (No alternates will be named for an Eastern Cup series if there is a concurrent Development series being contested.) Any additional athletes who have made quota will now be uploaded into the Admin Ski Racing website and they will have 48 hours to pay. If the athlete has not paid, they will be pulled and the alternates will be notified that they are in the race. If an alternate is notified they are in the race they will be able to pay online until 24 hours before the TC Meeting. The alternates who get in at the TC Meeting will not be able to pay online until after the team captains meeting if the OC allows. If your athlete is not going to be able to attend please let the Eastern office know immediately so that we can notify the alternates.
9. Foreign athletes will be able to pay through the Admin Ski Racing website up to 24 hours before the TC Meeting.
10. Since the organizers must have a final and complete list not later than 24 hours before the first draw (ICR 215.1) the final entry will be reflected on the Google spreadsheet the evening before the team captains meeting. The entry will include any remaining Alternates.
11. Please check the final entry as it is possible that the Eastern Office will have had to remove some athletes due to late arrival of entries by foreign federations. If you have

paid and are removed from the entry due to this reason, you will be notified and your payment refunded.

12. At team captains' meetings this year the only pulls from the board should be:
 - a. Foreign athletes intended by federations that do not show
 - b. Out of region athletes that do not show
 - c. Athletes injured in the week before the event.
13. At team captains meetings this year the only adds will be an athlete that was listed on an alternate list or a USST member. If foreign athletes not on travel letters arrive at a Team Captains' meeting, the Eastern Office must be contacted.
14. If athlete numbers exceed 140, pulls proceed by reverse NTSM ranking of the USA Eastern athletes. Development selections will not be pulled.
15. Athletes pulled off the board at TC Meetings or pulls in the last week will not have their entry refunded unless they are injured. The processing fee is not refunded. The Eastern office will have to have been notified.
16. Foreign athletes attending Eastern programs repeatedly pulled off the board this year will have their Federations notified.

Note: Payment from Admin Ski Racing will go directly to the OC. USSA East is not collecting any funds. Do not contact Admin Ski Racing regarding refunds. They are not authorized to refund. Please contact the race organizer.

Eastern Cup Series Sponsored by World Cup Supply

This elite FIS scored series is used to select Eastern athletes to US Nationals and US U21 and U19 Junior Nationals (see Championship Section for Qualifying Races). Awards go to the top-three overall winners and the top-three U19 competitors at each event. Entry fees will be waived for named USST members and athletes ranked in the top 100 of the world in one of the events being contested.

Quotas: As per FIS for foreign, West 10, Rocky/Central 10, Development - up to 5.

Eastern Cups with Reserved Quotas: Sunday River December 18-21,2016: (20 YOB 2000 10: using 2016 U16 Eastern Championship overall scoring, 10: based on a 3 way NTSM of USSA points.)

Eastern Eligibility: All Eastern athletes on the Eastern FIS ranking List who have intended.

Intents: See Eastern Intent and Confirmation Process (page 14)

Rankings: The Eastern field for the Eastern Cups will be filled as follows: Using a list of intended athletes for each series all intended Eastern athletes will be ranked using an 3 way NTSM of FIS points. A straight Slalom ranking will be used for the Fisk Trophy (Suicide 6) and the Danforth Cup (Middlebury) races.

Selection: See Eastern Intent and Confirmation Process

Eastern Cup winners will be named at the end of the season. Winners will be determined by the sum of World Cup points earned by any competitor in the series races. Ties will be broken by the best result in a single event. If a tie still exists, the next best result will be considered until the tie is broken. If necessary all events will be considered.

Regional Development Series

Quotas: Foreign as per FIS rules, West 10, RC 10, Development - up to 5

Divisional/ State/ divisional Quotas

Maine	5	New York	5
Vermont	5	New Jersey	2
New Hampshire	5	Southern	2
Tri-State	5	Pennsylvania	2

Divisional quota selections are due in the Eastern Office on the day of the intent deadline.

Development series with Reserved Quotas: Stratton December 18-20,2016: (20 YOYB 2000 10: using 2016 U16 Eastern Championship overall scoring, 10: based on a 3 way NTSM of USSA points.)

Eastern Eligibility: All Eastern Athletes on Eastern FIS ranking list who have intended.

Intents: See **Eastern Intent and Confirmation Process** (page 14)

Rankings: A three-event NTSM list using USSA points list in SG, GS and SL for multi-event and speed series will be used to rank all athletes that have been intended for the event. SL or GS only events will be ranked using current USSA points in the event contested.

Selection: See **Eastern Intent and Confirmation Process**

Winners: Race winners will get a quota spot to the next Eastern Cup Series event.

FIS Open Procedures

Quotas: As per FIS for foreign, 10 West, 10 R/C, up to 5 Development

Maine	2	New York	2
Vermont	2	New Jersey	2
New Hampshire	2	Southern	2
Tri-State	2	Pennsylvania	2

If the event has men and women racing on the same day - the divisional quota is then a total of 2. One per gender.

State quota selections are due in the Eastern Office on the day of the intent deadline.

Eastern Eligibility: All Eastern Athletes on Eastern FIS ranking List who have intended

Selection: An NTSM list using USSA points list in the events being contested. SL or GS only events will be ranked using current USSA points in the event contested. The Eastern Region will determine the appropriate number of athletes to compete based on the venue and event being contested.

Intent and Confirmation Process: See **Eastern Intent and Confirmation Process**

Development Quota Selections for Eastern Races:

Eastern Development Requests must be made via online forms on the Eastern region website. (<http://ussa.org/alpine-programs/regions/eastern-region/coaches>). Coaches must provide the most current results and other pertinent data relating to the athlete's progress in order to be considered. All submitted development requests that are received prior to posted deadlines for an event or series are reviewed by the Eastern Region coach and the Eastern Region director. Selections are based upon an analysis of head to head results, age group world rank (AGWR), coach reports, timed training reports and video. Consideration is also given to athletes (with strong prior performance) who are returning to competition from injury. Selection and notification will occur with the confirmation deadline for the event. Please note for Development Quota Selections the athlete must have been confirmed for the race by

the confirmation deadline. The Eastern Development Director reserves the right to make discretionary picks of up to 20% of the development quota for the race.

Other Selection Methods

National Team Selection Method (NTSM)

The National Team Selection Method will be used as a basis to select teams and to arrange invitation lists based on ranking by points when two or more events are to be considered. NTSM is fully described in the USSA Comp Guide available on the USSA website. .

USSA Scored and Non-Scored Competitions

The standard deadline for fully paid entries for all USSA races to be received by the race organizer is five days prior to the start of the first event or official training. Entries received after the deadline and/or not accompanied by payment of full entry fee, can be considered late entries. Late entries may be charged up to 150% of the entry fee. Competitors may withdraw entries without forfeiture of any entry fees paid until 5:00 p.m. two days before the race or the start of official training. After that time, the race organizer is obligated to refund entry fees only if the entrant can prove that his or her inability to compete was due to force majeure (circumstances beyond the racer's control). Many race organizers utilize online race registration. Please contact divisional organizations directly for information about how to enter online.

The Regional Development Director must approve athletes wishing to compete in USSA events out of region.

For any USSA Eastern Region competition in which the field is composed in part or wholly of quotas of various competition organizations, the competition organization must enter its complete confirmed quota prior to the established entry deadline.

* Any athlete who pays by check which is returned for insufficient funds or any other reason may not be allowed to race until they have made good on any funds, including any fees imposed, owed to race organizers.

Other Competitions

High School Racing

High school ski racing programs are governed by the individual state High School Athletic Associations, with possible additional options developed by regional and local athletic directors and/or school committees. The role of USSA in high school racing is to provide assistance, instruction, and an avenue for these racers to move into the "pipeline" of USSA sanctioned races. It is not the intent of USSA to establish or direct policies toward any high school racing programs. To increase USSA visibility in many of the high school ski racing programs and introduce racers to different USSA levels of competition, the High School Racing chairs have created a USSA Eastern Regional High School Championship - March 10-12, 2017 at Attitash, NH. . This Championship allows high school teams representing all states within the Eastern region, plus out of region guest teams, to compete against other state teams. This particular competition is open to all members of a state high school team who have qualified through state selection procedures. Team quota (state) is limited to ten boys and ten girls.

College Racing

Regional and divisional programs are designed to enable college racers to participate on their

level of interest and ability. College programs are designed and implemented by the colleges themselves. These programs are developed according to the rules and regulations established by the leagues and conferences in which the college is involved. USSA can provide assistance and instruction to colleges in several ways via regional offices. Written materials, coaching clinics conducted by USSA Coaches Education, and educating and certifying alpine officials are just a few ways USSA helps. In addition, USSA strives to provide college racers with various avenues in order to be active at all levels of competition.

Championship Series - Eastern and National

US Alpine Championships

U.S. Alpine Championships Hosted at Sugarloaf USA, ME– March 24-28, 2016

Qualifying Races:

Ladies: All Eastern Cup races up to and including Dartmouth(February)

Men: All Eastern Cup races up to and including Sugarbush (February)

Points List for Selection Board: FIS List 11

Quotas:

US Nationals: 14 men, 12 ladies; Maximum team size: 18 men, 15 ladies.

Regional Selection to US Nationals

Selection Methods:

The Eastern Region uses a standard double board selection method for the U.S. Alpine Championships .

Automatics:

National Selection to the US Alpine Championships - see Alpine Comp Guide or Precisions

Setting up the Board

The board has two sides. The first side is a ranking using the New World Cup Points for results earned in the Eastern Cup series Qualifying Races. The second part of the board is based on FIS points from **FIS list 11**.

A column is established for each event on each part of the board. There will be a 6 column board. Columns will be listed in the order SL, GS, and SG; which will be the order of selection. The New World Cup point portion of the board will be first, followed by the seed point portion of the board. For all competitions, the points selection board will include points only for those events contested at the championship. (AC excluded.)

In calculating New World Cup Points, the results will be purged of all USST, foreign and non-Eastern Region U.S. competitors. All Eastern Region competitors will be included calculating New WC points. National Automatics will not be purged. The top 30 competitors will receive place points based on New World Cup Point Ranking System (100, 80, 60, 50, 45, 40, 36, 32, 29, 26, 24, 22, 20, 18, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1). In the case of a tie for one of the top 30 places, each tied racer receives the points corresponding

to that position. The following racers receive the points for their finish position. (E.g. a tie for 2nd: racer 1 - 100 points, racers 2 and 3 - 80 points each, racer 4 - 50 points, etc.)

All qualifying races contested per event will be used in calculating each racer's New World Cup points in that event. If a tie remains after all results have been considered, a racer who started the series with higher seed points will be ranked in front of racers who started the series with lower seed points in the event. Placing the racer with the best ranking on the New World Cup point board first breaks a tie on the seed point board.

Selection Procedure

Selection proceeds from left to right on each row starting with New World Cup points and ending with seed points. When a racer who has already been picked is encountered in a column, the column is skipped and selection continues with the next column in the same row. When the last column in a row is reached, selection continues with the first column in the next row.

For example, consider the following selection board:

New World Cup Point Board				FIS Seed Point Board			
DH	SL	GS	SG	DH	SL	GS	SG
A	B	E	D	A	X	D	C
G	D	Q	E	F	E	X	Z
R	Z	D	Q	Z	M	Q	D
T	Q	B	M	T	D	C	Q

Selection for a 12 person, four-event team would be:

A, B, E, D, X, C, G, Q, F, Z, R, M

Selection for a seven person, SL and GS team would be:

B, E, X, D, Q, Z, M

Discretionary Selections

National Championship events, 20% of the quota (at least one slot) can be reserved for discretionary selection. This (these) slot(s) may be filled by the Eastern Development Director for development purposes. If they are used, the discretionary slots will be filled at the time that the team is named.

Athletes named to discretionary slots will not be considered in naming alternates to the team. In the case that a discretionary selection does not attend the competition, the empty spot will be filled using the alternate list. Additional discretionary selections will not be made.

Alternate Selections

Alternates are selected by continuing the procedure described above.

Partial Slots

Partial quota slots made available for multi-event competitions, as a result of a team member declining to participate in all events, will be filled by the next person on the selection board in the events(s) that the slot is available in. For example, if a member of the U.S. Alpine Championships team participates in the DH only, the next person on the selection board in SL, GS or SG would fill the available slot in SL, GS or SG.

Selections in Exceptional Circumstances

When selections for a competition are made before the qualification races are completed, or if some or all of the races in these events have been canceled, the New World Cup points portion of the board will be based on any races that have been held. If a team is selected before any races have been held, then the selection will be based entirely on the seed point portion of the board.

US Alpine Junior National Championships

National Junior Championships Hosted at Sugarloaf USA, ME – March 29 -
March 30, 2017

Qualifying Races:

Ladies: All Eastern Cup races up to and including Dartmouth (February)

Men: All Eastern Cup races up to and including Sugarbush (February)

Points List for Selection Board: FIS List 11

Quotas:

National Junior Championships: 5 men, 5 ladies and all juniors who attended the US Alpine Championships.

Eligibility:

Regional Selection to National Junior Championships

U19. The automatic from Eastern Development Championships may be a U19 or U21.

Selection Methods:

Any U19 with Nor Am Points, not selected for Nationals. If Quota not filled then an Eastern Standard Double Board

Automatics: Overall winner at the Eastern Development Championships, if they are a junior. If the overall winner is a senior this automatic selection is filled by the next U19 on the selection board for the Junior Championship Series.

Setting up the Board

The board has two sides. The first side is a ranking using the New World Cup Points for results earned in the qualifying races. The races on the first side of the board will be the Eastern Cup Tech races through Dartmouth and Sugarbush (February). The second part of the board is based on FIS points from **FIS List 11**.

A column is established for each event on each part of the board. There will be a 4 column board. Columns will be listed in the order SL and GS which will be the order of selection. The New World Cup point portion of the board will be first, followed by the seed point portion of the board. For all competitions, the points selection board will include points only for those events contested at the championship. (AC excluded.)

In calculating New World Cup Points, the results will be purged of all USST, foreign and non-Eastern Region U.S. competitors, SRs and U21s. All U19 Eastern Region competitors will be included when calculating New WC points. Automatics will not be purged. The top 30 competitors will receive place points based on New World Cup Point Ranking System (100, 80, 60, 50, 45, 40, 36, 32, 29, 26, 24, 22, 20, 18, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1). In the case of a tie for one of the top 30 places, each tied racer receives the points corresponding to that position. The following racers receive the points for their finish position. (E.g. a tie for 2nd: racer 1 - 100 points, racers 2 and 3 - 80 points each, racer 4 - 50 points, etc.)

All qualifying races contested per event will be used in calculating each racers New World Cup points in that event. If a tie remains after all results have been considered, a racer who started the series with higher seed points will be ranked in front of racers who started the series with lower seed points in the event. Placing the racer with the best ranking on the New World Cup point board first breaks a tie on the seed point board.

Selection Procedure

Selection proceeds from left to right on each row starting with New World Cup points and ending with seed points. When a racer who has already been picked is encountered in a column, the column is skipped and selection continues with the next column in the same row. When the last column in a row is reached, selection continues with the first column in the next row.

For example, consider the following selection board:

New World Cup Point Board				FIS Seed Point Board			
DH	SL	GS	SG	DH	SL	GS	SG
A	B	E	D	A	X	D	C
G	D	Q	E	F	E	X	Z
R	Z	D	Q	Z	M	Q	D
T	Q	B	M	T	D	C	Q

Selection for a 12 person, four-event team would be:

A, B, E, D, X, C, G, Q, F, Z, R, M

Selection for a seven person, SL and GS team would be:

B, E, X, D, Q, Z, M

Alternate Selections

Alternates are selected by continuing the procedure described above.

Selections in Exceptional Circumstances

When selections for a competition are made before the qualification races are completed, or if some or all of the races in these events have been canceled, the New World Cup points portion of the board will be based on any races that have been held. If a team is selected before any races have been held, then the selection will be based entirely on the seed point portion of the board.

U16 National Championships Hosted at Sugarloaf USA, Me – March 30- April 4, 2017

East Quotas

YOB 2001 3 men and 3 women per region from the YOB ranking.

YOB 2002 3 men and 3 women per region from the YOB ranking.

YOB 2001 and 2002 5 men and 5 women from the overall ranking.

YOB 2003 and 2004 U14 athletes must have 1 win and another top 3 in SL,GS and SG.

Selection Procedure

A ranking list will be made by adding the (new) World Cup points of the best two results from the SG, GS and SL at the respective U16 Regional Championships. These results must come from two different events. If one or more Regional Championships competitions are

canceled, the ranking will be made by adding the (new) World Cup points of the best result per event from the remaining contested.

Using the ranking list from the respective U16 Regional Championships, the top three athletes from each of the two oldest YOB competing will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will not be included in this selection; they will be considered with the youngest YOB athletes.

Using the ranking list, after purging the top three athletes from each YOB, the next five athletes from both YOBS combined will be selected. Ties will be broken by using the single best result. If a tie still exists, the next best result would be used, and this process will continue until the tie is broken. Ski Up athletes will not be included in this selection; they will be considered with the youngest YOB athletes.

There are discretion spots available if needed. Request for discretion must come from the regional managers and coaches to the Alpine Development Director.

Eastern Development Championships -Hosted by Mount Washington Valley Ski Team at Attitash and Cranmore, NH – March 14-19, 2017

This FIS event consists of: 2SG, 2GS, 2SL and an Alpine Combined. A field of 200 will be targeted with gender split reflective of the gender split on the Eastern FIS Athlete List.

Qualifying Races: All Regional development series races and Speed Week Races.

Points List for Selection Board: USSA List 11

Eligibility: FIS Inscription.

Selection Methods:

The Eastern Region uses a standard double board method for this event.

Setting up the Board

The board has two sides. The first side is a ranking using the New World Cup Points for results earned in the qualifying races. The second part of the board is based on USSA points from **USSA List 11**.

A column is established for each events on each part of the board. There will be a 7 column board. Columns will be listed in the order DH, SL, GS, and SG on board one and SL, GS, and SG on board 2; which will be the order of selection. The New World Cup point portion of the board will be first, followed by the seed point portion of the board. For all competitions, the points selection board will include points only for those events contested at the championship. (AC excluded.)

In calculating New World Cup Points, the results will be purged of all USST, foreign and non-Eastern Region U.S. competitors. All Eastern Region competitors will be included when calculating New WC points. The top 30 competitors will receive place points based on New World Cup Point Ranking System (100, 80, 60, 50, 45, 40, 36, 32, 29, 26, 24, 22, 20, 18, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1). In the case of a tie for one of the top 30 places, each tied racer receives the points corresponding to that position. The following racers receive the points for their finish position. (E.g. a tie for 2nd: racer 1 - 100 points, racers 2 and 3 - 80 points each, racer 4 - 50 points, etc.)

All qualifying races contested per event will be used in calculating each racers New World Cup points in that event. If a tie remains after all results have been considered, a racer who started the series with higher seed points will be ranked in front of racers who started the

series with lower seed points in the event. Placing the racer with the best ranking on the New World Cup point board first breaks a tie on the seed point board.

Selection Procedure

Selection proceeds from left to right on each row starting with New World Cup points and ending with seed points. When a racer who has already been picked is encountered in a column, the column is skipped and selection continues with the next column in the same row. When the last column in a row is reached, selection continues with the first column in the next row.

For example, consider the following selection board:

New World Cup Point Board				FIS Seed Point Board			
DH	SL	GS	SG	DH	SL	GS	SG
A	B	E	D	A	X	D	C
G	D	Q	E	F	E	X	Z
R	Z	D	Q	Z	M	Q	D
T	Q	B	M	T	D	C	Q

Selection for a 12 person, four-event team would be:

A, B, E, D, X, C, G, Q, F, Z, R, M

Selection for a seven person, SL and GS team would be:

B, E, X, D, Q, Z, M

Alternate Selections

Alternates are selected by continuing the procedure described above.

Selections in Exceptional Circumstances

When selections for a competition are made before the qualification races are completed, or if some or all of the races in these events have been canceled, the New World Cup points portion of the board will be based on any races that have been held. If a team is selected before any races have been held, then the selection will be based entirely on the seed point portion of the board.

An overall winner for each gender will be determined by the sum of World Cup points earned in all the contested events at the championship. Ties will be broken by the best result in a single event. If a tie still exists, the next best result will be considered until the tie is broken. If necessary all events will be considered. These winners are automatics to the National Junior Championship if they are a junior.

Ronnie Berlack U16 Eastern Championship Grand Prix sponsored by Nordica - Hosted at Stowe VT March 9-14, 2017

Divisional (State) Quotas and Entries

Divisional quotas represent one divisional (state) team and will be determined by the EDC by Dec. 1 and published on the USSA Eastern Website. Competitors may choose not to compete in an event, but unused quota spots will remain unfilled in the applicable event/gender. Unused quota spots will not be reallocated to another division's quota. Division quotas for boys and girls will remain the same for all events. Entry lists are due into the Eastern office

one week prior to the start of the event. No alternates or substitutions will be allowed after the team captains meeting for the first race.

Seeding

1. The U16 Eastern Championship events will be a seeded USSA event--as per USSA rules with addition of special seed quota after bib 15. This special seed will be composed of up to two athletes per division. If divisions have 2 athletes in the first 15, they will not have any athletes in the special seed. If the division has one athlete in the first 15, they will have one athlete in the special seed. If the division does not have any athletes in the first 15, they will have 2 athletes in the special seed. The athletes will be chosen from the divisional ranking list sent by the division (first ones on the list not in the top 15). The special seed will be drawn randomly. After the special seed all athletes will be ranked by USSA points. Divisions may send different ranking lists for each event.
2. Second run start order for SL and GS events will be determined by normal USSA procedures; reverse top-30, then 31st on from first run times. If possible, first run DNFs and DSQs are allowed to run the second run, in bib order, at the end of the field. This decision is made by the jury.
3. Eastern athletes selected to and participating in the Seven Nations Cup will be automatics to U16 Nationals and will be part of a national quota. If the athlete elects not to go to the Squaw project they will be automatics to the Ronnie Berlack U16 Eastern Championship Grand Prix sponsored by Nordica. Up to 5 spots per gender can be reserved by the Eastern Region Youth Coordinator and Development Director for a development quota. These selections will be announced before the first Team Captains Meeting.

Details

This USSA scored event consists of: 2SG, GS, 2SL. Boys and Girls. GS races will be held on separate days. There is no SG training scheduled for this event. Overall champions will be named by adding the New World Cup points from the 2 SG, GS and 2 SL events or whatever events are able to be contested. Twenty seven boys and girls will be selected by Divisional quota derived from the same Divisional formula that was used for the championship event to represent the region at the U16 Am-Can Races (Attitash, NH - Mar 21-23, 2017). Athletes may participate in both the U16 National Championships and the U16 Am-Can Races in years where the calendar allows. Events and seeding details for these events will be available on the USSA Eastern Website no later than the date of selections.

The top ten second year U16 girls using U16 Eastern Championship overall scoring will be automatic entries to four December Eastern FIS races. The top ten second year U16 boys using U16 Eastern Championship overall scoring will be automatic entries to four December Eastern FIS races.

U14 Eastern Championships Hosted at Sunday River, ME – March 16-19, 2017

Divisional Quotas and Entries

Division Quotas will be determined by the Children's committee by Dec. 1 and published on

the USSA Eastern Website. Quotas represent one divisional team to the U14 Eastern Championships. Up to 5 spots per gender can be reserved by the Eastern Region Youth Coordinator and Development Director for a development quota. These selections will be announced before the first Team Captains Meeting. The development quota will be in their own seed after the first seed.

Seeding

Each divisional team will be divided into five groups for men, five groups for women. If quota is not divisible by five, the larger group will go into seed one, and then into seed two, as needed. Within each of the five seed groups, a random draw will determine the first run order.

Seeds will run in order from one to five for each event. Seeds will consist of the same athletes for each event.

Second run start order for each event will be determined by normal USSA procedures; reverse top-30, then 31st on from first run times. If possible, first run DNFs and DSQs are allowed to run the second run, in bib order, at the end of the field. This is determined by the jury.

Details

This non-scored event will consist of a GS, SL, SG and SkillsQuest. Second year U14 athletes who win races and have another top 3 finish in SL, GS, and SG will be invited to represent the Eastern Region at the U16 National Championships. Selected athletes may choose not to attend the U16 National Project. The Eastern Region will not fill any unused quota slots.

Twenty five athletes with 5 alternates per gender will be invited to represent the Eastern Region at the U14 Can-Am Races (Tremblant , QC – March 30 to April 2, 2017).

Selections (to U14 Can - Am) will be the winners of individual events contested at the U14 Eastern Championships (SG, GS, SL) or whatever events are able to be contested, followed by rankings based on each athlete's best 2 single run and/or overall results from the series. First place(s) will receive 1 point; second place(s) will receive 2 points, etc. Ties will be decided by the next best place (third result/place). Athletes must choose U16 Nationals or U14 Can-Am and must notify the Regional Director within 48 hours of completion of U14 Eastern Championships.

Eastern USSA Finals Hosted at Gore Mountain, NY – March 17-20, 2017

Divisional Quotas (Combined both genders - U19, U21, SRs eligible)

Divisional Quotas (Combined both genders - U19, U21, SRs eligible)

Vermont 45	Tri State 30
New Hampshire 43	Pennsylvania 13
New York 29	New Jersey 5
Maine 13	Southern 6

Divisional Chairs will submit their entry lists and request to use any declined quota spots. The Eastern office will notify divisions of any additional quota spots by March 8. Unused quota spots will be reallocated through a state rotation of SO, NJ, PA, ME, TS, NY, NH, and VT.

Eastern High School Championship Quota - The top 5 girls and the top 5 boys from the Eastern High School Championships will be automatics to this event.

Development Quota

An additional 30 + athletes may be added to the SG's of this event. Requests need to be in the

Eastern office by March 6 via online forms.

Details

This USSA event consists of: SG, GS, and SL, filled through divisional quotas, by athletes who have not qualified for the Eastern Development Championships. Overall champions will be named based on total Old World Cup points scored in the series, ties will be broken by best single result, moving to the next single best result until ties are broken. There will be a non-mandatory SG training day available the day prior to the SG race for all interested competitors.

Race winners, not Overall Champions, at this event will be automatics to the following year's December FIS Opens. Foreign athletes must qualify through their divisional organizations and will be included as part of their division's quota. Foreign athletes' USSA membership requirements (x-license) and their home federation's membership requirements must be in order. Divisions may include seniors in their quota.

U16 Eastern Finals Hosted at Okemo, VT – March 10-13, 2017

Quotas and Selection

Divisional Quotas will fill the field of 155 competitors. Quotas will be published by Dec. 1 on the USSA Eastern Web site. Quotas represent one state team. Unused quota spots will be reallocated through a state rotation of SO, NJ, PA, ME, TS, NY, NH, and VT. Divisional quotas are due in the Eastern Office by March 1 before the event.

Seeding

Each state team will be divided into five groups for men, five groups for women. If quota is not divisible by five, the larger group will go into seed one, and then into seed two, as needed. Within each of the five seed groups, a random draw will determine the first run order.

1. Seeds will run in order from one to five for all events. Seeds will consist of the same athletes for each event.
2. Second run start order for SL and GS events will be determined by normal USSA procedures; reverse top-30, then 31st on from first run times. If possible, first run DNFs and DSQs are allowed to run the second run, in bib order, at the end of the field. This decision is made by the jury.

Details

This scored event will consist of a SG, GS, and SL with a mandatory SG training day held prior to the SG race. Three athletes per gender will be selected to race at the U16 Am- Can Races (Attitash - Mar 21-23, 2017) by adding the New World Cup points of the best two results from the SG, GS and SL with ties decided by the next best race result.

Eastern Amateur Ski Educational Foundation - EASEF

The mission of the Eastern Amateur Ski Educational Foundation (EASEF) is to offer financial support to young athletes to enable them to participate in and pursue competitive winter sports opportunities. Twenty percent of the funds are reserved for Junior athletes. Information and scholarship applications are available at the [EASEF website](#).

Appendices

2016-17 U16 National Performance Series

New this year, U16s will have a National Performance Series of their own to compete against the best athletes their age at multiple times during the winter. The U16 NPS will focus more on training than the U19 series, but each project will culminate with a race experience. The series will start in Beaver Creek, on the Birds of Prey course immediately following the men's World Cup events in December, with a SG and GS focus. In January, the series will go to Burke, VT for a technical SL and GS project. Based off performances at those two projects, a 12-athlete team will be named for the European trip to compete in the Seven Nations Cup in February. Those 12 athletes will also be invited to a training project in March at Squaw Valley during the women's World Cup, and they will be automatics to the U16 Nationals at Sugarloaf.

Schedule

Beaver Creek, CO – December 4-10 – SG, GS

Burke, VT – January 17-20 – GS, SL

Squaw Valley, CA – March 10-14 – GS, SL

Quotas

Beaver Creek and Burke

- U16 NTG Athletes
- 9 boys and 9 girls ranked nationally
- 4 boys and 4 girls per region
- Up to 3 boys and 3 girls National Development

Squaw

- 12 Seven Nations Cup athletes (also automatics to U16 Nationals)

Focus

1. Elite level training project
2. Competition on 1-2 days

2016-17 U16 NPS National Quota Selections

(9 per gender)

- Using 2016 U16 Nationals results
 - YOB 2000s are purged from results
 - WC points are reassigned to YOB '01 and '02
 - Athletes are ranked by total WC points in the events to be trained and/or contested
 - The top 9 athletes will be selected from that list.
 - Ties will be broken by the most WC points in an event to be trained and/or contested. If a tie still exists, the next most WC points will be considered until the tie is broken. If necessary all events will be considered.

- Foreign USSA members must be ranked top-5 nationally among YOB '01 and '02 from the 2016 U16 Nationals using total WC points in the events to be trained /or contested in order to participate in the project
 - Foreign athletes do not count against national or regional quotas
- Regional development quota (4) for the East
- The top overall U14 athlete from the previous year's U14 Eastern Championship. The top overall athlete will be defined by the sum of New World Cup points from events contested) The remaining 3 spots will be selected using an NTSM of SL and GS points using the most current list.

2017 Seven Nations Selections

(6 per gender from 1 GS at Copper, 1 GS and 2 SL at Burke)

- 4 best overall, ranked by total WC points in 3 of 4 races
- Next 1 best in GS, ranked by WC points in single best race
- Next 1 best in SL, ranked by WC points in single best race
- Participants on the Seven Nations Trip will automatically qualify for the U16 National Championships.

2016-17 U19 National Performance Series

USSA staff is planning to build on the momentum of last year's inaugural National Performance Series. For 2016-17, the project quotas will be smaller to provide a more focused training experience and multiple events will be contested throughout the season. Three sites are planned – Vail, Waterville, and Copper – and, in an exciting new development, women will be invited to the Copper project immediately following the February NorAms. The goal for the series remains the same: to provide a high-level competitive environment for our best U19s to learn, grow, and advance onto the NorAm circuit.

Schedule

Vail – November 14-19 – 2xSL, GS, GS

Waterville – January 8-13 – 2xSL, GS, GS

Aspen – February 12-16 – SG, SG, SG

Quotas

Training

- 20 YOB 1998 and 1999
- 10 YOB 2000
- 15 U19 Regional Development

Races

Training Project athletes

- 20 YOB 1998 and 1999
- 10 YOB 2000
- 15 U19 Regional Development

Additional athletes

- 30 U19 National Development
- 10 U21 National Development Pace
-

Women's Project in Copper

- 10 YOB 1998 and 1999
- 5 YOB 2000
- 15 U19 Regional Development
- 5 U21 National Development Pace

Format

2 training days and 3 race days

Quota Selection

1 YOB 1998 and 1999 athletes will be ranked by an NTSM of FIS points in the event(s) to be contested.

2 For NPS events before February 1, YOB 2000 athletes will be ranked by prior-year U16 Nationals NTSM of World Cup points in the event(s) to be contested. For NPS events on or after February 1, YOB 2000 athletes will be ranked by an NTSM of USSA points in the event(s) to be contested. Regional development quota (5) for the East will be selected by the next 5 Eastern athletes on a NTSM list of USSA points in the events contested. One spot may be reserved for discretion.

Additional race day quota by national intent.

2017 U.S. Junior National Championships

For U21s and U19s, there will be a Junior National Championship contested as part of the U.S. Alpine Championships program at Sugarloaf, ME next March. This will be a three-event junior championship, with the SG as part of the senior event and standalone GS and SL junior events immediately following. This event will take the place of last year's U19 Junior Championships, freeing up the calendar in late February and reducing extra travel and racing costs for athletes. Most importantly, scheduling it as part of the U.S. Alpine Championships will allow all of our best U21 and U19 athletes – from U.S. Ski Team members to regional and club athletes – to compete head-to-head in a true junior national championship event.

Location

Sugarloaf, ME

Schedule

March 25 – M/W SG

March 29 – M/W GS

March 30 – M/W SL

Quotas

- All U21 and U19 USA athletes from the U.S. Alpine Championships (SG, GS, SL)
- West – 5 women and 5 men (GS, SL)
- Rocky/Central – 5 women and 5 men (GS, SL)
- East – 5 women and 5 men (GS, SL)
- Development – up to 10 athletes per gender (GS, SL)
 - Any unused regional quota spots revert to Development