Northern Vermont Council U12, MW PANEL SL, 2/28/2016

p/b Mad River Glen Cooperative

NVC U12 MW PANEL SL
February 28, 2016
Mad River Glen Cooperative
57 Schuss Pass Road
Fayston, VT 05673.

Venue: Race Hill (aka Practice Slope)

Contact: Jim Komarmi (race@madriverglen.com)

Entry: Coaches List or email entry

Registration: 8:00-8:45 AM in General Stark's Pub

Registration Fee: $20 (cash or check, please)

Parent tickets: All mountain tickets are available at the ticket office (next to the General Store) for $35.

About the Race: Panel Slalom race. Bib order determined by random computer draw. Second run is reverse order within each gender. Speed suits prohibited; athletes must race in ski pants and ski jacket.

Awards: 30 minutes after race completion. Location (inside/outside) determined by weather. Results will be posted to VARA (www.vara.org)

Please note: Athletes tickets are only valid for Lift 4. Athletes can upgrade their ticket at the ticket office for $15. Depending on skier traffic, Mad River Glen management may open the main mountain to athletes during or after second run. Given Mad River Glen's authentic and natural terrain, racers are encouraged to use mountain skis when skiing on any other trail than the race hill. Safety bars must be used when riding the lift.
Skinners: MRG welcomes uphill traffic before and after operating hours but not during. Individuals skinning during operating hours will be asked to stop.
Pets: We love them too, but they are not allowed at Mad River Glen during operating hours. We will the owner and pet to leave.

Proposed Schedule

7:30	Lift for Jury and course workers
8:00 – 8:45	Registration in General Stark's Pub
8:30 AM	Team Captain's meeting in the finish area
8:30	Practice Slope Chair (Chair 4) opens for coaches and athletes. Athletes are asked to warm up on Cricket, Grasshopper, Eaton's or skiers right on the Practice Slope.
8:45 – 9:45 AM	First run inspection
9:55 AM	Forerunners
10:00 AM	First run, Bib Order
11:45	Second run inspection
12:30	Second run, reverse bib order within gender

The proposed schedule and details of the event may be amended by the ROC at point in time.
Please check this race announcement for updates. 31 January 2016

Mad River Glen Cooperative – Ski Patrol/Race Department
Medical Plan for Practice Slope/Race Hill

Race Venue:

The race venue (Practice Slope/Race Hill) is located on the North side of the base area. The venue and trail is staffed and patrolled by Mad River Ski Patrol. There is a patroller at the start during all races. This is the primary response to an injured athlete. The primary sled cash is located at the top of Lift 4, the Practice Slope/Race Hill. Secondary response can arrive via staffed patrol/first aid locations at Starks Nest and/or the top of the Double. All ski patrol can be contacted via mountain radio, channel 2 or via patrol cell number 802-989-0012 or MRG dispatch at 802-496-3551, ext 110.

Mad River Glen maintains a first aid station and examining room in the Base Area. This facility is used to examine skiers taken off the slopes by Patrol, and here Patrol will determine if a patient needs further attention, either via ambulance (Mad River Valley Ambulance Service) to Central Vermont Medical Center in Berlin, VT (CVMC-35 minute drive, 29 miles), the Fletcher Allen Health Care Clinic at Lincoln Peak (10 minute drive 7.5 miles), or Fletcher Allen Health Care Hospital in Burlington, VT (55 minute drive, 45 miles).

In case of injury:

- Ski Patrol is contacted either by calling patrol on Mountain Radio, Channel 2; by calling administration/dispatch at 802-496-3551 ext 110; or by informing the patroller at the start.
- Ski Patrol is notified of the location and nature of the injury.
- Once on scene, Ski Patrol follows Mad River Glen protocol for patient care, including, but not limited to: first aid, CPR, sled transport and notification of ambulance or helicopter evacuation.
- Depending on the severity of the injury, the patient will be transported to the base area for evaluation and/or transport to the FAHC clinic (10 minutes away by car, 7.5 miles), CVMC (35 minutes away by vehicle transport, 29 miles), Fletcher Allen Heath Care (55 minutes away by vehicle transport, 45 miles) or Dartmouth-Hitchcock (1 hour, 37 minutes by vehicle transport, 85 miles).
- Helicopter service is provided by D.H.A.R.T (Dartmouth-Hitchcock Advanced Response Team) and is coordinated through Mad River Valley Ambulance Service. Primary landing site is the Mad River Valley Ambulance Service headquarters in Waitsfield, Vermont (8 minutes by vehicle transport, 5.5 miles). Alternative landing sites include Mad River Glen parking lot, and Moretown Elementary School (18 minutes away by transport, 11 miles)

Important Phone Numbers

Mad River Glen Patrol 1 Station: (802) 989-0012
Mad River Glen Administration/Dispatch: (802) 496-3551
Lincoln Peak Clinic: (802) 583-4085.
Mad River Valley Ambulance Service: (802) 496-3600
CVMC: (802) 371-4265, or (802) 371-4100
Race Department Office: (802) 496-3551 ext 126