



SVC U10 Skills Day

Date: Saturday, January 20th, 2018

Event: Southern Vermont Council U10 Skills Day

Location: Charlie's Chase, Mount Snow Ski Area, West Dover, Vermont

Discounted lift tickets available for parents of racers (limit 2 per family)

Registration 7:30am-8:30am on the 2nd Floor of the Main Base Lodge

Open only to *current* USSA & VARA members

Registration will be on the 2nd Floor of the Main Base Lodge

Entry Fee with lift ticket- \$40. MUST be paid with **cash**.

Bib return will be in the Training Center anytime after skills assessment.

8:30am-9am: Parents meeting with Alex Krebs, VARA's youth coordinator to discuss what Skills Quest is and how it is important for long term athlete development. There will be a white board at registration, please feel free to write your questions on it so Alex can address during the meeting.

Jury Lift: 8:00am Ego Alley

Athlete lift: #12 Ego Alley at 8:30am

Team Captain's Meeting 8:45 at top of Charlie's Chase at the Start shack

Inspection 8:50-9:20

Inspection closed: 9:20.

1st skill: 9:35am

Skills should be done around 12:30pm

12:30-2:30pm there will be a Dual course on Ego to prep for the next days race

The Award Ceremony will occur at the Mount Snow Training Center

Skills – Freeski with Pole Usage

Pole Jumpers

Athletes will take 4 runs on the skills course. Runs 1 & 2 will not be scored; coach should stand with judges for feedback. Runs 3 & 4 will be scored make sure Judge sees bib # on scored skills. Skills scores will be the combination of each judges best score per skill. Awards will be given out on a team basis, based on the average score of the team's athletes.

Discounted lift ticket vouchers for the day of the event will be available at registration. The vouchers are for \$39 tickets and you bring them to any ticket window to pay for and redeem them. The vouchers will **only** be available on the second floor of the Main Base Lodge from 7:30-8:30am.

Slow skiing while not on the race course!

USSA/VARA rules apply

Other: No dogs allowed at the resort

A Vermont state law requires use of the safety bar. Failure to do so may result in a DSQ.