

Northern Vermont Council U12, MW PANEL SL, 3/3/2019

p/b Mad River Glen Cooperative



NVC U12 MW PANEL SL
March 3rd, 2019
Mad River Glen Cooperative
57 Schuss Pass Road Fayston, VT 05673.

Contact: Jim Komarmi (race@madriverglen.com)

Entry: Coaches List or email entry

Registration: 7:30-8:15 AM in General Stark's Pub

Registration Fee: 7:30-8:15 AM in General Stark's Pub. Registration fee is \$25.

Athletes may prepay by credit card online (https://store.madriverglen.com/store/ItemList.aspx?node_id=109736) until 3/2/2019 at 3pm. Prepayments for the 2/24/19 race will be honored. Cash/check is accepted at registration.

Parent tickets: All mountain tickets are available at the ticket office (next to the General Store) for \$49.

About the Race: Panel Slalom race. Bib order determined by random computer draw. Second run is reverse order within each gender. Speed suits prohibited; athletes must race in ski pants and ski jacket.

Awards: Top 10 girls, top 10 boys combined time. 30 minutes after race completion outside on the deck. Results will be posted to VARA (www.vara.org)

Please note:

- Given Mad River Glen's authentic and natural terrain, racers are encouraged to use mountain skis when skiing on any other trail than the race hill. Safety bars must be used when riding the lift.
- Skinners: MRG welcomes uphill traffic before and after operating hours but not during. Individuals skinning during operating hours will be asked to stop.
- Pets: We love them too, but they are not allowed at Mad River Glen during operating hours. We will require the owner and pet to leave.
- Parking at MRG is always at a premium. Please follow the directions of parking attendants. Families are encouraged to carpool and use the upper parking lot near the top of Lift 4.

Proposed Schedule

| | |
|----------------|--|
| 7:00 | Lift for Jury and course workers |
| 7:30 – 8:15 | Registration in General Stark's Pub |
| 8:00 AM | Team Captain's meeting in the finish area |
| 8:15 | Practice Slope Chair (Chair 4) opens for coaches and athletes. Athletes are asked to warm up on Cricket, Grasshopper, Eaton's or skiers right on the Practice Slope. |
| 8:30 – 9:15 AM | First run inspection |
| 9:25 AM | Forerunners |
| 9:30AM | First run, Bib Order |
| 11:45 | Second run inspection |
| 12:30 | Second run, reverse bib order within gender |
| | Awards 30 minutes after the race |

The proposed schedule and details of the event may be amended by the ROC at point in time.

Please check this race announcement for updates. 25 February 2019

Men's Panel Slalom (SL) - Competition Code: N1408 | Women's Panel Slalom (SL) - Competition Code: N1409



Mad River Glen Cooperative – Ski Patrol/Race Department
Medical Plan for Practice Slope/Race Hill

Race Venue:



The race venue (Practice Slope/Race Hill) is located on the North side of the base area. The venue and trail is staffed and patrolled by Mad River Ski Patrol. There is a patroller at the start during all races. This is the primary response to an injured athlete. The primary sled cache is located at the top of Lift 4, the Practice Slope/Race Hill. Secondary response can arrive via staffed patrol/first aid locations at Starks Nest and/or the top of the Double. All ski patrol can be contacted via mountain radio, channel 2 or via patrol cell number 802-989-0012 or MRG dispatch at 802-496-3551, ext 110. "Stop The Bleed" kits are staged at the start in the sled cache and at the gate bins near the finish.

Mad River Glen maintains a first aid station and examining room in the Base Area. This facility is used to examine skiers taken off the slopes by Patrol, and here Patrol will determine if a patient needs further attention, either via ambulance (Mad River Valley Ambulance Service) to Central Vermont Medical Center in Berlin, VT (CVMC-35 minute drive, 29 miles), the Fletcher Allen Health Care Clinic at Lincoln Peak (10 minute drive 7.5 miles), or University of Vermont Medical Center in Burlington, VT (55 minute drive, 45 miles).

In case of injury:

- Ski Patrol is contacted either by calling patrol on Mountain Radio, Channel 2; by calling Ski Patrol at 802-989-0012, by calling administration/dispatch at 802-496-3551 ext 110; or by informing the patroller at the start.
- Ski Patrol is notified of the location and nature of the injury.
- Once on scene, Ski Patrol follows Mad River Glen protocol for patient care, including, but not limited to: first aid, CPR, sled transport and notification of ambulance or helicopter evacuation.
- Depending on the severity of the injury, the patient will be transported to the base area for evaluation and/or transport to the UVM Orthopedic Clinic at Sugarbush (10 minutes away by car, 7.5 miles), UVM CVMC (35 minutes away by vehicle transport, 29 miles), UVM Medical Center (55 minutes away by vehicle transport, 45 miles) or Dartmouth-Hitchcock (1 hour, 37 minutes by vehicle transport, 85 miles).
- Helicopter service is provided by D.H.A.R.T (Dartmouth-Hitchcock Advanced Response Team) and is coordinated through Mad River Valley Ambulance Service. Primary landing site is the Mad River Valley Ambulance Service headquarters in Waitsfield, Vermont (8 minutes by vehicle transport, 5.5 miles). Alternative landing sites include Mad River Glen parking lot, and Moretown Elementary School (18 minutes away by transport, 11 miles)

Important Phone Numbers

Mad River Glen Patrol 1 Station: (802) 989-0012
Mad River Glen Administration/Dispatch: (802) 496-3551
UVM Orthopedic Clinic at Sugarbush: (802) 583-4085.
Mad River Valley Ambulance Service: (802) 496-3600
UVM CVMC: (802) 371-4265, or (802) 371-4100
Race Department Office: (802) 496-3551 ext 126

