



NVC U16 GS, Monday 1/21/2013, at BMA

Burke Mountain Ski Area  
Warren's Way (Training Hill)  
Entry Fee: \$20



Please Park in the Overflow Lot on the right just before the access road bears right. It is about 100 yards before you come to Mid-Burke Lodge.

### Schedule

7:30-8:30 Registration in Mid-Burke Lodge

7:00 Poma open for jury and race workers.

8:00 Poma open to coaches and athletes.

8:30 Mandatory Team Captain's Meeting at base of Poma

8:30-9:15 Inspection 1

9:30-11:00 1st run (Order is by council standings.)

11:30-12:15 Inspection 2

12:30-14:00 2nd Run (Order is the reverse of the first run.)

14:15 Awards outside Mid-Burke Lodge.

Please note: Only the Poma will be open at 8:00. The chair will open at 9:00.

**IMPORTANT: DO NOT GET OFF OF THE POMA AT THE RACE START. YOU MAY ONLY GET OFF AT THE MID STATION (AKA TURN TOWER). BIBS AND TICKETS WILL BE PULLED.**

**WARM UP IS ON UPPER WARREN'S WAY ABOVE THE RACE START. NO FREESKIING ON WARREN'S WAY BELOW THE RACE START.**

Parent Lift Tickets are available in the Bear Den Lounge in the Mid Burke Lodge for a reduced rate.

Please contact [diverson@burkemtnacademy.org](mailto:diverson@burkemtnacademy.org) with any questions.

**Please keep this if you wish. Save paper and return it if you don't.**

**Medical Plan  
Burke Mountain, Vermont  
Dipper's Super-G, Warren's Way GS, SL  
initial: 3/21/09 revised: 12/20/10**

1 Fencing and other on-hill racer security will follow the plan as detailed in the Dipper's Super-G Homologation Report and the Warren's Way GS and SL Homologation Report. Additional fencing will be available to protect areas of concern that arise from the specific conditions on the hill on the day of competition.

2 The medical plan will be outlined at the initial team captains meeting for the event. At that meeting the organizing committee will clearly identify the location of the competition venue, as well as identify the location of properly fenced and protected warm-up areas.

3 During Super-G races, at least one ski-patroller will be stationed at the start of the race course. The patroller at the top of the course will generally be standing near to a member of the organizing committee who has a competition radio. For all other events, ski patrol will respond from their summit headquarters. Ski patrol can be notified of an incident in several different ways. On hill event staff are able to contact ski patrol using cell phones and by utilizing land-line phones available in all lift buildings.

4 There are three sleds and two life support kits available at the top of the mountain, this is in addition to several backboards and other lower cost medical supplies that the ski patrol stocks in abundance at the top of the mountain.

5 Injured athletes will be evacuated from the competition venue to the Mid-Burke ski patrol building by toboggan.

6 In the event of a minor or non-life-threatening injury where immediate treatment is not necessary, the injured party may be treated at the Mid-Burke ski patrol building and then released to the parent or coach. Ski patrol may recommend that the injured party should transport themselves to the hospital for further examination/treatment.

7 In case of serious injury, ski patrol on the hill can initiate an EMT/Ambulance response. Generally speaking, under normal circumstances the Ambulance arrives at the ski patrol building at about the same time as the injured party arrives in the toboggan.

8 Typical ambulance response time is around 15 minutes. Burke Mountain ski patrol has arrangements with two different ambulance services. Lyndon Rescue, Inc. is the primary responder. They are located 9 miles from the mountain. Calex Ambulance Services is the secondary responder. They are located 16 miles from the mountain.

9 In general, serious injuries are transported by ambulance to Northern Vermont Regional Hospital which is located 11 miles from the mountain. The most serious injuries are typically stabilized there and then transported to Dartmouth Hitchcock Medical Center by helicopter. Once activated by a paramedic or an emergency room doctor, the helicopter has a response time of approximately 20 minutes. The helicopter has the ability to respond directly to the mountain if necessary.

10 In the event that the medical plan is activated, and ski-patrol/ambulance resources are utilized, the plan is to wait until those resources can be replaced. The competition or training will be stopped until such a time as we can determine that we have replaced all of the resources necessary for the proper operation of this medical plan.

11 In the case of a minor injury that require evacuation by toboggan, the competition or training will be stopped until local ski-patrol resources can be replaced. This should be less than five minutes.

12 In the case of a major injury, the event will be stopped for as long as necessary to ensure that ambulances, helicopters, EMT's, doctors, etc... will be available in the case of another major injury.

13 The medical plan for visitors and spectators of the event follows the plans established by the Burke Mountain ski patrol for the normal operation that they provide daily to the visitors to Burke Mountain.