

MVC Super G Camp 1/28/2022- Race Camp Announcement

Team Captain's Meeting

Event: SG M/WRace Trail: Chief

- Team Captain Meeting will take place on site, day of @ Start on Chief at 9:30
- Lift: 9:00am A+B to Sunburst six
- Lesson line: athletes and coaches can use lesson line please alternate every couple groups and send out full chairs or 6
- All racers need current USSA & VARA license
- Bibs shall be returned on Camp Day in original PICK UP BAG From Comp Center at finish.
 - o \$40.00 Fee for lost bibs un-returned bibs
- All "day of event communications" will be done on WhatsApp?????

CAMP Day Schedule

- 7:00am Parking Lots Open
- 8:00-8:45 Bib/Ticket Pickup by team Captains at Okemo Competition Center Outside Table, 75 Okemo Ridge road
 - At Bib and Ticket Pickup (Competition Center) please disclose Pulls to RA
- 9:00 A-B lift open to Sunburst Six
- 9:15 Athlete and Coach Organize into groups and inspect stations
- 9:30 Team Captain Meeting @ the Start of Chief
- 9:30-12:30pm Athlete groups utilize stations on Chief (see Hill Plan)
- 12:30-1pm Lunch @ Sugarhouse mid-mountain Lodge or Summit Lodge (must provide your own lunch or purchase, no food service at Summit)
- 1:00pm Athletes and Coaches meet at Start

 1-1:30 Chief SG training runs (Athletes will run in bib order, inspect course with home program, bibs will be returned at the end of day

Race Organizing Committee

TD & Referee Pick up Radio at Comp Center

Technical Delegate: Pete Cornish

Chief of Race: Wayne Conn

Referee: Justin Lillie

Assistant Referee: Bryan PellChief of Course: Tylan Calcagni

CAMP Day Format and Additional Information

- No Fast Free Skiing on SG Skis, unless in netted venue (Chief)
- PM Training run: Full length training runs with morning Gate sections connected, no movement on the hill, unless we are on hold or have a slipping crew. Okemo staff will start athletes and be spread out on the trail to clear and call Stop Start.
- ***Coaches please slip gate section on Chief each time you rotate through with your group to stay on top of course maintenance*** ***Athletes planning to attend the SG race must attend the SG camp**
- Put down safety bars
- Keep lift tickets/passes on you at all times
- Athletes and coaches can use dedicated lessons line
- Athletes must use GS or SG skis (NO SLALOM SKIS, Pole Guards, or Chin Guards)
- No skiing on race venue
- All gear must be outside the fence if your stationed on the hill
 - Drills in hand, hook or outside fence, no drills left vertical in the snow
- Only enter and exit trail when a course slip is in progress
- All movement must be done during a course slip, or hold

Okemo Medical Plan Provided by Okemo Mountain Ski Patrol for events at Okemo Mountain.

Patrol at start with sled and Bleed kit

The Ski Patrol hut, located at the Summit, it is within view of the top of Chief and has easy access to alpine venues on Chief and Wardance Trails. The Chief of Race has radio contact to Ski Patrol at all times. The Ski Patrol has a sled setup for both spinal injuries and cardiac emergencies. The Ski Patrol base area is located to the skiers left of the base lodge with OEC ski patrollers on duty at all times. Race Organizing Committee have access to patrol from radios.

Stop the Bleed kits at work road.

Due to Covid restrictions ski patrol will triage patients and ask they be met at the base for transport to appropriate medical services for minor injuries. In the event of immediate medical attention required transport by Ambulance or Helicopter will be arranged.

Covid Coordinator/Race Administrator: Robin Tracy robin.a.tracy@vailresorts.com 802-220-1483

Covid-19 Guidelines & Information:

https://www.okemo.com/explore-the-resort/about-the-resort/winterexperience.aspx

Should any member of your team or staff become symptomatic, DO NOT BRING THEM. Contact the RA for possible refund. If any member of your team or staff become symptomatic during the day of the race, it must be reported to the COVID Coordinator immediately and the person shall be removed from the race/venue. Team Captains must have a plan to get this person home or to health care.

Mask Policy & Vax Policy: Masks should be worn in all indoor public places. MUST present Vax card to gain entry to cafeteria food venues.

Parent and Spectator information:

- When you walk through the clock tower veer to right to single ticket window. Look for sign, "Event Parent Ticket Pick-up."
 - Two ticket will be available for \$49.99. You will need to supply athletes name to redeem tickets.
- Walking to finish area is ok on lower mountain road, No Skinning/Uphill Skiing shall be permitted!
- Sugar house is open for food, bathrooms, and warming.
 - Must show proof of VAX to access cafeteria 12 y.o. under VAX not needed.
- Summit is warming and bathrooms only, no food.
- Please social distance.