# Northern Vermont Council U14, MW Slalom, 1/22/2023 p/b Mad River Glen Cooperative, Mad River Glen Race Dept, & Mad River Ski Club

Venue: Race Hill (aka Practice Slope)

<u>Race Contact:</u> Jim Komarmi (<u>race@madriverglen.com</u>) Safesport Contact: Jim Komarmi (race@madriverglen.com)



<u>Registration:</u> Registration is via Adminskiracing.com. The race entry fee is \$45. Online registration closes on Friday, January 20, 2023 - 11:59pm. There is no day-of registration. Coaches will pickup bibs/ticket for each club.

#### Team Captains Meeting:

Saturday, 21 January · 19:00 – 19:30

Video call link: https://meet.google.com/npv-nzww-kng Or dial: □(US) +1 321-355-7641□ PIN: □543 800 145□#

<u>Parent tickets:</u> Discounted all mountain tickets are available at madriverglen.com in advance. Window rate tickets can be purchased on site, day-of at the ticket office (next to the General Store).

<u>About the Race:</u> Single pole, Junior 27mm gate (60" OTS) Slalom race. Girls will run on the skiers' right course, boys will run on the skiers' left course. Bib order determined by random computer generated draw. Second run is reverse order within each gender.

Awards: 30 minutes after race completion. Results will be posted to VARA (www.vara.org)

### Please note:

- Given Mad River Glen's authentic and natural terrain, racers are encouraged to use mountain skis when skiing on any other trail than the race hill. Safety bars must be used when riding the lift.
- Racer tickets are good all day on Lift 4 and potentially on the main mountain at the discretion of mountain management.
- Uphill Travel/Skiing: See our uphill travel policy at: https://www.madriverglen.com/uphill-policy/
- Pets are not allowed at Mad River Glen. We will require the owner and pet to leave.
- Parking at MRG is always at a premium. Please follow the directions of parking attendants. Families are encouraged to carpool and use the upper parking lot near the top of Lift 4.

#### Proposed Schedule

7:00	Lift for Jury and course workers
7:30 - 8:30	Registration in General Stark's Pub
8:15 AM	Practice Slope Chair (Chair 4) opens for coaches and athletes. Athletes are asked to warm up on Cricket, Grasshopper, Eaton's or skiers right on the Practice Slope.
8:30 - 9:15AM	First run inspection
9:25 AM	Forerunners
9:30 AM	First run, Bib Order
11:15 -11:45PM	Second run inspection
12:00 PM	Second run, reverse bib order within gender
	Awards 30 minutes after the race

The proposed schedule and details of the event may be amended by the ROC at point in time. Please check this race announcement for updates. 29 January 2023

Women's Slalom (SL) - Competition Code: N1208 | Men's Slalom (SL) - Competition Code: N1209







# Mad River Glen Cooperative – Ski Patrol/Race Department Medical Plan for Practice Slope/Race Hill

#### Race Venue:

The race venue (Practice Slope/Race Hill) is located on the North side of the base area. The venue and trail is staffed and patrolled by Mad River Ski Patrol. There is a patroller at the start during all races. This is the primary response to an injured athlete. The primary sled cache is located at the top of Lift 4, the Practice Slope/Race Hill. Secondary response can arrive via staffed patrol/first aid locations at Starks Nest and/or the top of the Double. All ski patrol can be contacted via mountain radio, channel 2 or via patrol cell number 802-989-0012 or MRG dispatch at 802-496-3551, ext 110. "Stop The Bleed" kits are staged at the start in the sled cache and at the gate bins near the finish.

Mad River Glen maintains a first aid station and examining room in the Base Area. This facility is used to examine skiers taken off the slopes by Patrol, and here Patrol will determine if a patient needs further attention, either via ambulance (Mad River Valley Ambulance Service) to Central Vermont Medical Center in Berlin, VT (CVMC-35 minute drive, 29 miles), the University of Vermont Health Care Clinic at Lincoln Peak (10 minute drive 7.5 miles), or University of Vermont Medical Center in Burlington, VT (55 minute drive, 45 miles).

# In case of injury:

- Ski Patrol is contacted either by calling patrol on Mountain Radio, Channel 2; by calling Ski Patrol at 802-989-0012, by calling administration/dispatch at 802-496-3551 ext 110; or by informing the patroller at the start.
- Ski Patrol is notified of the location and nature of the injury.
- Once on scene, Ski Patrol follows Mad River Glen protocol for patient care, including, but not limited to: first aid, CPR, sled transport and notification of ambulance or helicopter evacuation.
- Depending on the severity of the injury, the patient will be transported to the base area for evaluation and/or transport to the UVM Orthopedic Clinic at Sugarbush (10 minutes away by car, 7.5 miles), UVM CVMC (35 minutes away by vehicle transport, 29 miles), UVM Medical Center (55 minutes away by vehicle transport, 45 miles) or Dartmouth-Hitchcock (1 hour, 37 minutes by vehicle transport, 85 miles).
- Helicopter service is provided by D.H.A.R.T (Dartmouth-Hitchcock Advanced Response Team) and is coordinated through Mad River Valley Ambulance Service. Primary landing site is the Mad River Valley Ambulance Service headquarters in Waitsfield, Vermont (8 minutes by vehicle transport, 5.5 miles).
  Alternative landing sites include Mad River Glen parking lot, and Moretown Elementary School (18 minutes away by transport, 11 miles)

## Important Phone Numbers

Mad River Glen Patrol 1 Station: (802) 989-0012 Mad River Glen Administration/Dispatch: (802) 496-3551 UVM Orthopedic Clinic at Sugarbush: (802) 583-4085. Mad River Valley Ambulance Service: (802) 496-3600

UVM CVMC: (802) 371-4265, or (802) 371-4100 Race Department Office: (802) 496-3551 ext 126

