



Okemo Mountain School Job Description

Position: Head U19 Men's Alpine Coach

Supervisor: Alpine Program Director

Job Summary:

- To provide athletic instruction for and implement an on hill curriculum for the male U19 Alpine athletes of Okemo Mountain School
- To implement a comprehensive conditioning program
- To pursue communication with parents on a weekly basis regarding training, competing, and travel
- To oversee/evaluate the development of each athlete throughout the season
- To collaborate with other OMS and Okemo U19 and U16 coaches to provide athletic instruction for and implement an on hill curriculum for U19 Alpine athletes of the Okemo Competition Center

Specific Alpine Coach Functions:

Work closely with Alpine Program Director and other U16 and U19 Alpine Coaches to:

- Create a comprehensive training plan for the U19 Men for the entire season
- Ensure an Individual Competition Plan is created for each OMS athlete for the season
- Ensure OMS athlete evaluations are completed on the appropriate deadlines as specified by the Dean of Academics
- Ensure that each OMS athlete goes through a goal setting, review, and reflection process
- Implement the conditioning programs provided by the Strength and Conditioning Coach for OMS athletes
- Prepare video analysis for each OMS athlete using Sprongo and/or other computer software and make video available daily
- Manage athletic equipment for each athlete
- Submit athlete race entries in accordance with deadlines and procedures as outlined by VARA and USSA
- Coordinate travel plans for all athletes as needed (flights, lodging, training space)
- Coordinate OMS Fall Training Camp and any additional camps to facilitate athlete needs
- Coordinate Summer Camp opportunities for athletes
- Integrate weekend program athletes into training and competition plans

Work closely with the Dean and Assistant Dean of Academics to communicate student-athlete competition and travel schedules

Verbally and electronically communicate with parents and athletes regarding schedules for training, competition, and travel

Attend weekly staff meetings as scheduled by the Head of School, Alpine Program Director, and/or the Dean of Academics

Attend Parent/Staff Conferences

Exude a positive attitude for athlete growth and development

Must attend VARA and USSA meetings/clinics essential to your coaching curriculum

Must stay current with USSA and FIS rules and equipment specifications

Must be available to travel for extended periods of time

Be flexible and adaptable to schedule changes due to weather and Okemo Mountain Operations at a moment's notice

Perform duties associated with advisory groups and cleaning groups

Perform various duties as requested by the Head of School

Supervision:

Coaches report directly to the Alpine Program Director.

Qualifications:

College Degree required.

Must have a valid Driver's License

Expert level skier

ASEP Coaching Principles, First Aid and CPR required within 1 year of hiring.

Coaches level 200 or higher recommended

Physical Requirements:

This position requires skiing and may require extended periods of standing, sitting and lifting up to 50lbs.