

Key Components for Youth Success

Presented by Sasha Rearick



Loon Mountain Resort
Loon Race Team (LRT) Competition Center
Lincoln, NH.
October 12th
3pm

Sasha Rearick will be presenting an interactive and educational 'tech-talk' on components that can help coaches work more effectively with developing athletes of all age classes. Sasha has a unique perspective as a World Cup and National Development Team coach, which informs his understanding of what is needed for youth success. This talk will benefit coaches of all levels. Sasha's tech-talks are cutting-edge and he's sure to offer new and creative ideas during this session.

Sasha Rearick

Sasha Rearick is currently the Head Coach of the Men's US Development Team. Prior to the Development Team, Sasha was the Head Men's Coach for 10 years. He's an 18 year veteran of the US Ski Team with a Master's Degree in Exercise Science and is a Certified Ski Instructor in France. Sasha is a former academy coach and has worked in all levels of the development pipeline. He's originally from NYC and currently lives in Park City with his wife and 3 children.

RSVP

Please RSVP for this presentation. [REARICK TECH-TALK RSVP FORM](#)

Loon Race Team (LRT) Competition Center Directions

GPS Address: 23 Loon Brook Rd

Directions: In New Hampshire, Take exit 32 off of I93
Turn left onto Route 112/Kancamagus Highway East
Go 3 miles and turn right into Loon Mountain Resort
Go across the bridge and take a right onto Loon Brook Rd
The LRT Competition Center is 2nd building on the left to
the right of the Governors' Lodge
Enter on the uphill side

Parking: Park to the LEFT of the Kancamagus Quad and the
Governor's Lodge or take a RIGHT across from the
Competition Center and park next to the river.

Thanks to Sasha Rearick, Loon Race Team (LRT), Loon Mountain Resort, and the US Ski & Snowboard Eastern Region for supporting this event.

