



Race Announcement

NVC U10 GS

February 7, 2016

Cochran's Ski Area, Richmond, Vermont

Race Format:

- Race Trail: I-89
- Giant Slalom
- 2 Runs Boys and Girls:
 - o 1st run - random draw, bib order
 - o 2nd run - reverse bib order

Race Day Schedule:

- Jury and Course Setting - 8:00 lift
- Lift opens for Athletes - 8:30
- Captain's Meeting – 8:45 at the finish area
- Course Inspection – 9:00 on I-89
- First Run – 10:00
- Second Run- approximately 12:30
- Awards- 30 minutes after completion of second run; top 10 each run, each gender

Registration: Please collect your bib from the ticket booth (gray building to the left of the lodge) between 8:00 and 9:00 am. All racers must be USSA and VARA members and be represented by an NVC coach. Your bib is your lift ticket. Coach tickets can be picked up at the snack bar in the lodge.

Race Fee: \$10, cash or check only. Make checks to Cochran's Ski Club.

Parent Lift Tickets: Parent tickets are available in the lodge for \$10. Kids 5 and under ski free with the purchase of a parent ticket.

Snack Bar: Cochran's snack bar serves a variety of affordable breakfast and lunch options all day. There will also be barbecued burgers available at lunch time.

Directions to Cochran's: From Interstate 89 at Exit 11 in Richmond proceed east on Route 2 to Richmond Village. Turn right at the stop light onto Bridge Street. Continue on Bridge Street over the red bridge to the Old Round Church (on left). Just past the Round Church turn left on Cochran Road. Drive approximately one mile;

the ski area is on the right. **Please obey posted speed limits on Cochran Road as Richmond Police patrol it regularly.**

Parking: Upper and lower parking lots available. If possible please carpool. A limited amount of drop off parking is available in the upper parking lot. Please clear the drop off area after dropping off your racer. **Please do not park on Cochran Road; we have been informed cars will be towed if parked on the road.**

We're Looking Forward to a Fast and Fun-Filled Day!!



COCHRAN'S SKI AREA

Race Day Medical Plan

Trails: I-89 and Race Trail

Race course is manned by race officials and Ski Patrol. Sled and patroller will be at top of course. Patrollers rotate as needed.

Treatment facilities:

Immediate care and care for minor injuries (bumps, bruises, etc) at the base lodge Ski Patrol room, which is fully equipped for basic first aid.

For more serious injuries, Richmond Rescue (ALS) Ambulance is dispatched from the Richmond village (5 minutes from ski area). Patients will be transported to the University of Vermont Medical Center, a Level 1 Trauma Center, in Burlington, VT (30 minutes from ski area).

If Richmond Rescue is unavailable, UVM Rescue ambulances serve as backup.

