



## **Race Announcement**

Town Meeting Day U8/10 Slalom

March 1, 2016

Cochran's Ski Area, Richmond, Vermont

### **Race Format:**

- Age groups: U8 (2009 & 2008 birthdays) and U10 (2007 & 2006 birthdays)
- Race Trail: I-89
- Race Format: Panel Slalom
- 2 Runs Men and Women:
  - o 1<sup>st</sup> run - random bib order, U8 girls, U10 girls, U8 boys, U10 boys
  - o 2<sup>nd</sup> run - reverse bib order within age/gender, on new course

### **Race Day Schedule:**

- Jury and Course Setting - 7:30 lift
- Lift opens for Athletes - 8:15
- Captain's Meeting – 8:15 at the finish area
- Course Inspection – 8:30 on I-89
- First Run – 9:30
- Second Run- approximately 12:00
- Coaches' Race immediately following boys 2nd run
- Awards- 30 minutes after completion of coaches' race.

**Coaches' Race:** a Town Meeting Day tradition! At least one coach from each club should plan to race. Sign up at registration. The coaches will compete following the last run of the boys.

**Awards:** medals for top 10 U8 girls and boys and top 10 U10 girls and boys each run. Also, we will be giving TEAM AWARDS this year based on each team's top 5 combined results (by place, can be boys or girls) plus their top coach from the coaches' race. Go cheer for your teammates!

**Registration:** Please collect your bib from the ticket booth (gray building to the left of the lodge) between 7:30 and 8:30 am. All racers must be USSA and VARA members and be represented by an NVC coach. (Racers who are using the USSA Short-Term one day membership option must bring the form with you along with \$15 cash or check to USSA). Your bib is your lift ticket. Coach tickets can be picked up at the snack bar in the lodge.

**Race Fee:** \$10, cash or check only. Make checks to Cochran's Ski Club.

**Parent Lift Tickets:** Parent tickets are available in the lodge for \$10. Kids 5 and under ski free with the purchase of a parent ticket.

**Snack Bar:** Cochran's snack bar serves a variety of affordable breakfast and lunch options all day. There will also be barbecued burgers available at lunch time.

**Directions to Cochran's:** From Interstate 89 at Exit 11 in Richmond proceed east on Route 2 to Richmond Village. Turn right at the stop light onto Bridge Street. Continue on Bridge Street over the red bridge to the Old Round Church (on left). Just past the Round Church turn left on Cochran Road. Drive approximately one mile; the ski area is on the right. **Please obey posted speed limits on Cochran Road as Richmond Police patrol it regularly.**

**Parking:** Upper and lower parking lots available. If possible please carpool. A limited amount of drop off parking is available in the upper parking lot. Please clear the drop off area after dropping off your racer. **Please do not park on Cochran Road; we have been informed cars will be towed if parked on the road.**

Town Meeting Day Slalom- a Cochran's tradition for over 25 years!

Learn more about the mission of Cochran's Ski Area and how you can support their mission at

<http://www.cochranskiarea.org/donations.html>



# COCHRAN'S SKI AREA

## Race Day Medical Plan

Trails: I-89 and Race Trail

Race course is manned by race officials and Ski Patrol. Sled and patroller will be at top of course. Patrollers rotate as needed.

Treatment facilities:

Immediate care and care for minor injuries (bumps, bruises, etc) at the base lodge Ski Patrol room, which is fully equipped for basic first aid.

For more serious injuries, Richmond Rescue (ALS) Ambulance is dispatched from the Richmond village (5 minutes from ski area). Patients will be transported to the University of Vermont Medical Center, a Level 1 Trauma Center, in Burlington, VT (30 minutes from ski area).

If Richmond Rescue is unavailable, UVM Rescue ambulances serve as backup.